

Vol. 21, No. 34

From the Beaches to the River District downtown Fort Myers

AUGUST 19, 2022



Images of the four winning Keep Lee County Beautiful reusable tote bags designed by Lee County school students

Reusable Tote Bags Fundraiser

eep Lee County Beautiful, Inc. (KLCB) recently released four Leave The Scene Clean reusable tote bags. The bag designs each feature a full-color winning illustration from KLCB's 2022 student art contest.

The four overall winning students were: Blaire Metevia from St. Francis Xavier (kindergarten through third grade winner);



Julia Humble from North Fort Myers Academy for the Arts (fourth through sixth grade winner); Aaliyah Tourgee from Estero High School (seventh through ninth grade winner); and Jamison Albertorio-Acevedo from Cypress Lake High School

(10th through 12th grade winner). Keep Lee County Beautiful has been holding the art contest for over 30 years, challenging students to visualize a correct environmental action and transfer that mental picture into a work of art.

"We are excited to showcase the



ULIA H. STH GRADE, NORTH FORT MYERS ACADEMY FOR THE ARTS

winning artwork on reusable tote bags which align with our mission of waste education and reduction," said Trish Fancher, executive director of KLCB "We donate the tote bags to the schools to be used as a fundraising tool for environmental projects. Schools keep 100 percent of the money raised to support their projects. The bags are also available to the public for a small donation and will be distributed across the county at KLCB events and through community partners.

The Leave the Scene Clean project

DE. CYPRESS LAKE HIGH SCHOOL

photos provided

is made possible through corporate sponsorships. Sponsors for the 2022 art contest include Lee County Solid Waste, Covanta Energy, WM, Coca-Cola Beverages Florida, Ron Jon Surf Shop, Greenfield Marketing & Media, LCEC and Waste Pro.

Call 334-3488, email tisha@klcb.org or visit www.klcb.org/get-involved/leavethe-scene-clean-art-contest for more details on how you can request your reusable tote bags or become a sponsor of the 2023 Leave The Scene Clean art contest.举



A video segment by Tony Oursler Gallery To Feature Video Project

Norida SouthWestern State College (FSW) will present The Exquisite Moving Corpse, a video installation featuring more than 60 internationally renowned artists, looping continually during regular gallery hours from Monday, August 22 through Saturday, December 10 at the Bob Rauschenberg Gallery.

Each artist created one-minute "movies" in response to a still from the previous artist's digital short. This collective art film includes video segments by Chip Lord, Jack Massing, Sean Miller, Nina Katchadourian, Kristin Lucas,

image provided William Wegman, Tony Oursler, Mel Chin, Muntadas, Hasan Elahi, Mark Dion and many others.

The Exquisite Moving Corpse installation temporarily transforms the exhibit space into a screening room with this feature length moving-picture inspired by a nearly century-old Surrealist artists' pastime/amusement.

The original Surrealist "exquisite corpse" was a café parlor game invented in 1925 by André Breton, Yves Tanguy, Jacques Prévert and Marcel Duchamp in Paris. The French name "cadavre exquis" was derived from the phrase that resulted when first played, "le cadavre exquis boira le vin nouveau (the exquisite corpse will

continued on page 8

Headliner Set For Songwriter Fest



Gary LeVox, former frontman for Rascal Flatts, who is now a solo artist

ary LeVox, frontman for Rascal Flatts, is the headline songwriter/ performer at the 8th Island Hopper Songwriter Fest, scheduled for September 16 through 25. LeVox will perform poolside at the Pink Shell Beach Resort & Marina on Sunday, September 25 at 5 p.m.

LeVox, along with bandmates Jay DeMarcus and Joe Don Rooney, founded Rascal Flatts in 2000. The group experienced one of the most successful careers in modern country music. Infusing the genre's traditional sound with massive

photo provided

pop hooks, rock showmanship and faithful positivity, they scored 17 No. 1 singles and sold more than 23 million albums, making the band the most awarded country group of the last decade.

Embarking on a solo chapter, LeVox's debut single The Distance is one of five songs on his debut collection, One On One, which includes multiple collaborations.

The 10-day Island Hopper Songwriter Fest features performances by some of the country's greatest BMI singer-songwriters. continued on page 14

Historic Downtown Fort Myers, Then And Now: Pioneer Grocer Moves To Boom-Time Building

by Gerri Reaves, PhD

he Fort Myers Realty Building was part of the mini-building

boom created when the Morgan Hotel was constructed in 1923-24 and Dean Street was created between First and

Bay. The Mediterranean Revival brick building is pictured here circa-1927 on the northwest corner of First and Dean.

Over its 98-year history, the realty building has been occupied by mostly realty, law and insurance offices, but also merchants and restaurants.

The buildings name derives from Fort Myers Realty Company, one of the first tenants.

Other original tenants were attorney William J. Wood, whose name is visible on the second-floor window, and HB Hoyer's Grocery.

In July 1924, the grocer moved into an L-shaped room on the ground floor with entrances on both First and Dean, sharing a floor with the realty, whose name is visible on the two windows on the right.

Visible in the grocery store windows (left) are a tower of canned goods and signs advertising still-familiar products, such as Tetley's Tea and Mueller's spaghetti. Hoyer's advertising mottos, "Where Quality Counts" and "Staple and Fancy

Groceries," appealed to both everyday year-round customers and affluent seasonal ones such as the yachting crowd.

This boom-time building would be the last business location for Hoyer, whose career



True to its history, the building still houses law and real estate offices photo by Gerri Reaves

spanned pioneer days to the boom. A native of Illinois, Henry Bernard "HB" Hoyer, came to Fort Myers in

March 1884 via Mobile and Tampa and first worked as a druggist. The Fort Myers Press's first issue on November 22, 1884 advertised

that Manager HB Hoyer would carefully compound prescriptions at Mrs. MA Anderson's drug store at First and Jackson. The 1887 town directory listed him as a druggist.

Hoyer took an interest in civic affairs and was among those listed as "the fathers of Fort Myers" who voted to incorporate the town and signed the official document on August 12, 1885. The Florida Legislature made it official the following March.

He would later serve as mayor and as city clerk.

Hoyer's career turned to the grocery business soon, however, and he went to work in the general store of Howell A. Parker, great uncle of the legendary Harvie E. Heitman.

He remained there until 1893, except for a year in Key West

working in the cigar business.

Hoyer's Grocery moved into the new Fort Myers Realty Building at First and Dean in 1924 photo courtesy IMAG History & Science Center

Hoyer and his wife, Jessie, then returned to Illinois for a time, but returned to Fort Myers at the behest of Heitman.

Heitman had entered the grocery business himself in 1888 at age 16, when he moved to town to work for his great uncle. He founded his own store, Heitman Grocery Co. in

1894 in a one-story, wood-frame building on the northwest corner of First and Jackson. Hoyer managed Heitman's store for 25 years, until Heitman's death in 1922. Interestingly, Heitman's will bequeathed \$2,000 to Hoyer "for his loyal and faithful

service," more than he left to any family member except his wife and child. Only months later, Hoyer partnered with JA Tiner in a grocery in the new Stroup

Building on Hendry Street.

Just over a year later, in July 1924, he moved into the building pictured here. Sources suggest that the grocery closed in 1929. In 1931, a delicatessen and bake shop moved into the space.

Hoyer died in 1932 at age 76.

Walk down to First and Dean to see a versatile boom-time building that has housed a grocery, lawyers, real estate professionals and restaurants.

Then visit the following two research centers to learn more about the many grocery stores that served a growing town.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

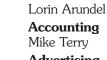
The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Also stop by the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, The Fort Myers Press, The News-Press and The Story of Fort Myers by Karl H. Grismer.

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The Punta Gorda Middle School Fishing Team

photo provided

Apply For School Fishing Club Program

Florida parents, teachers and school staff can apply for funding to support school fishing clubs for students. The Florida Fish and Wildlife Conservation Commission's (FWC) 2022-23 School Fishing Club Program, previously named the High School Fishing Program, offers school fishing clubs or teams the opportunity to apply for the Florida R3 Fishing Grant. The application period is open until 5 p.m. Friday, September 16. This grant program is focused on engaging youth anglers to ensure the future of fishing in Florida.

The grant will award up to 40 high school fishing clubs or teams \$500 to assist with club expenses, the purchase of fishing licenses or gear for participants. Participating clubs and teams will receive an updated educational curriculum comprised of lessons and activities on fisheries conservation and resource management, plus a chance to win prizes by completing the program's Conservation Project.

"The school fishing club program is an important program for teaching the next generation of anglers about ethical angling and conservation in Florida," said Jessica McCawley, director of marine fisheries management. "I look forward to seeing the hard work and creativity each club puts into their conservation project activities each year to help preserve the health and quality of aquatic habitats."

The grant program is open to new or existing freshwater and/or saltwater fishing clubs or teams at public, private and charter schools throughout Florida. To be considered for the grant, school fishing clubs or teams must have a minimum of five members and be represented by a school faculty member or parent who will follow the provided instructor's manual.

The application can be found online at www.myfwc.com/sfc by scrolling down to "Florida's R3 Fishing Grant Program." Applicants can complete the form online or download the application to submit by mail or email. Submit the downloaded applications to r3fishing@myfwc.com or mail them to FWC's Division of Freshwater Fisheries Management, Attn: School Fishing Club Program Grant, 620 S. Meridian St., Tallahassee, FL 32399. The 2022-23 School Fishing Club

The 2022-23 School Fishing Club Program is supported by partners including Mud Hole Custom Tackle, Pure Fishing, Coastal Conservation Association and Baitstick Fishing. Contact Brandon Stys at brandon.stys@ myfwc.com or 850-617-6012 for more information.*

Broadway Palm Open Auditions

Broadway Palm is holding open auditions for male and female cut dancers, ages 16 to 35, for the upcoming production of *A Chorus Line* on Sunday, August 21 at 11 a.m.

All ethnicities are encouraged to audition. Some cut dancers will also be hired as understudies in the production. Auditions are on a first-come, first-serve basis. A sign-up sheet will be available at 10 a.m. No appointments will be taken.

Anyone interested in auditioning should bring a current headshot and resume. All auditioning should be in dance attire, and females should dance in heeled character shoes. After the dance audition, actors/actresses may be asked to attend a vocal and/or reading audition. Those auditioning need to be prepared to sing 16 bars. Bring sheet music in the proper key; an accompanist will be provided (no recorded music is accepted.) Songs should be in the musical theatre genre, so no pop songs.

Broadway Palm is a professional theatre, and all roles are non-AEA (Actor's Equity Association) paid positions. Productions require rehearsals daily from September 22 through October 6. A Chorus Line plays October 7 through November 12.

Anyone interested must be available for the two-week rehearsal process and all performances. Performances are Tuesday through Sunday evenings with selected matinees. The cut dancers will perform in the opening number, which is approximately the first 20 minutes of the show. Performance schedules are available at www.broadwaypalm.com. All auditioning must have local housing in the Southwest Florida area or be able to commute from their home location.

Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. For more information, visit www. broadwaypalm.com or call 278-4422.

Gulf Coast Writers To Meet

The Gulf Coast Writers Association will hold a meeting at Word of Life Church or virtually on Zoom on Saturday, August 20, from 10 a.m. to noon.

Mary Lou Williams, storyteller extraordinaire and distinguished member of Toastmasters, will lead this month's meeting. She will be sharing her insight on the art of crafting memorable personal stories.

Word of Life Church is located at 6111 South Pointe Boulevard in Fort Myers. First time guests are always free, so bring a friend. For more information, visit www.gulfwriters.org or call 770-906-7885.





Fort Myers Art: Comedic Noir Murder Mystery At The Alliance



by Tom Hall

Theatre Conspiracy at the Alliance for the Arts has kicked off its 29th anniversary season with a production of the noir comedy *Clown Bar*. Since 1984, Artistic Director Bill

Taylor has been at the helm of Theatre Conspiracy, and he's brought some pretty unusual shows to the stage. One time, he put an actress in a kayak in the middle of

the theater and seated the audience in a circle around her. In another, a cast of 10 women played men on boats mapping the Green and Colorado rivers in 1869. So, when Taylor read the script for *Clown Bar*, his radar for the strange and unusual went into overdrive.

"It just struck a chord with me," said Taylor. "It's one of those shows that you read and actually see it play out in your mind, which historically means it's going to be a very good show in my eyes."

While an open casting call filled some of the slots, Taylor cast most of the major roles with the usual Theatre Conspiracy suspects, including Shelley Sanders, who

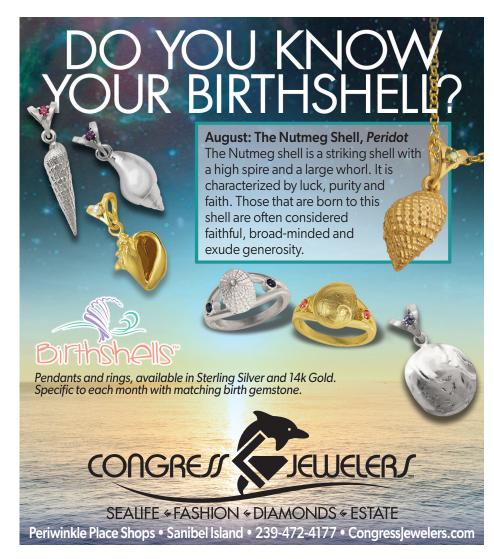


Bobo, played by Rob Green

photos courtesy www.artswfl.com last appeared on the Alliance stage as one-armed explorer John Wesley Powell in Men on Boats.

"If Bill Taylor asks me to do something, I usually say 'yes,' and I didn't even know what I was agreeing to initially, but he seemed excited about it so I knew it was going to be something different and unusual," said Sanders. "This theater company likes to put me in interesting situations, so this is one they haven't tried yet, and I guess I'm ready to give it a go."

Taylor describes the show as clown noir. For context, think Who Framed Roger Rabbit? meets The Maltese Falcon except





Giggles, played by Cicero McCarter

with clowns instead of cartoon characters. "It's going to appeal to a very broad

audience," said Sanders. "There's a lot of different genres that are touched on – film noir, clowns, the absurdity of the whole situation."

The allusion to *The Maltese Falcon* was one of the hooks that snagged Taylor, who is a self-professed Humphrey Bogart enthusiast.

"That was the connection, being a Humphrey Bogart fan, having that film noir background, it really struck a chord with me and I could see how an audience would have just a blast watching this," said Taylor.

While *Clown Bar* doesn't have Bogart, it does have period piece specialist Steven Coe in the lead, but he's more than just the expected film noir detective. He's also a former clown.

"You have a detective who used to be a clown whose brother was recently murdered and he comes back to the clown bar to find out who murdered his brother," Taylor summarized. "So it's that search for justice that's happening during the course of the show."

Clown Bar has all of the features typically found in film noir movies – the enigmatic detective, a femme fatale, cut-throat criminals, mysterious lighting and a grungy, seedy smoke-filled bar.

"So, one of the things that we're doing to make this show a little more immersive is the entire theater is being transformed to a bar," Taylor divulged. "The stage is not just a stage. There will be audience seating

Baconfest Returns To Cape Coral

Bacon lovers will judge the "Best Drink" and "Best Appetizer" in the 8th annual South Cape BaconFest Trolley Event this Saturday, August 20. From 7 to 11 p.m., guests will take trolleys and limo buses to 12 various locations to taste bacon-themed drink and appetizer samples. At the end of the evening, they'll cast their votes for the worthiest contenders.

Hosted by South Cape Hospitality &

up there. The area where audience seating normally is will have café tables and chairs. We're bringing in a couple of booths that we're going to be making. So the whole place will be a bar."

In partnership with Broadway Palm Dinner Theatre, the bar will indeed be serving adult beverages including beer, wine and cocktails all served by clowns, including Sanders who, much to her consternation, will be on roller skates throughout the entire show.

Scott Thomson, who plays a sad sack clown by the name of Dusty, encourages people to show up well ahead of show time.

"The show will open about 45 minutes after the actual bar opens," Thomson said. "So you can come in. It's a lounge-style setting. It's not on stage. We get to play with all the audience, and I will be doing a lot of that because I enjoy tormenting people. But you can sit and have a drink during the show. You can get another drink during the show, and get another drink during the show, and I'll be sitting, drinking with you, probably."

While ambiance is a priority, this popup bar is a Clown-Mafia operation. As a result, many of the clown bar denizens are deeply suspicious of outsiders, as Cicero McCarter, who plays Giggles, relates in the show's tone-setting opening number.

Not everyone is as crusty as Giggles. Sanders' character, Petunia, can be very... accommodating. Sanders describes Petunia as "the town bicycle," a transactional bar fly who'll do just about anything to make a buck.

But make no mistake. *Clown Bar* is first and foremost a comedy, albeit with something of a macabre twist, as Thomson is wont to underscore.

"It's going to be very funny," said Thomson. "If you're willing to let your mind be in the theater instead of outside in the world, it's going to be funny. It's about clowns and we do some clowny stuff, and a lot of people don't end up finishing the play at the end, but that's how clowns roll."

Clown Bar runs August 18 to 28 at the Alliance's Theatre Conspiracy, located at 10091 McGregor Boulevard in Fort Myers. For tickets, visit www.artinlee.org/ event/clownbar/2022-08-18.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.

Entertainment Association (SCHEA), the heavily attended event takes place in Cape Coral's Entertainment District.

Participating locations include BackStreets Sports Bar, BIG8 BBQ, Cruisers, The Dive, Dixie Live, Dixie Roadhouse, Kimber's Wine & Cigar Lounge, Monkey Bar Steak & Seafood, Rack'em Spirits & Times, Ralph's Place, Rusty's Raw Bar & Grill and Tiki Hut.

Advance tickets are \$30 and can be purchased online via Eventbrite and or at the South Cape Hub, located at 909 SE 47th Terrace, Unit 105, in Cape Coral. In-person ticket purchases must be made in cash and carry no fees.☆



The Southwest Florida Symphony hosts a variety of rehearsals and concerts at Bell Tower throughout the season. photo provided

Symphony **Réceives** Grants From Foundation

he Southwest Florida Symphony has been awarded \$79,125 in grants from the LAT Foundation, Rotary Club of Fort Myers and the Sanibel-Captiva Kiwanis Club to fund rehearsal space updates, season programming and school ensemble performances.

"We are truly humbled by the generous support from our community partners," said Amy Ginsburg, executive director of the Southwest Florida Symphony. "These funds will allow us to continue growing our programming and performance offerings throughout Southwest Florida.'

The LAT Foundation, a private foundation based in Fort Myers, presented the Southwest Florida Symphony with a \$75,000 grant to

support its mainstage concerts at Barbara B. Mann Performing Arts Hall during the 2022-23 performance season and operations at the symphony's rehearsal space at Bell Tower.

A second grant for \$3,000 from the Rotary Club of Fort Myers will also help support the Southwest Florida Symphony's upcoming season.

In addition, the symphony received a \$1,125 grant from the Sanibel-Captiva Kiwanis Club in support of Sanibel School Ensemble performances during the upcoming school year.

The 62nd season of Lee County's only professional orchestra and the fourth oldest in the state will be led by newly appointed Music Director Maestro Radu Paponiu. The 2022-23 season will include a variety of Masterworks, Pops, TinyConcert and Holiday Pops performances. Full season details, subscription and ticketing information are available by calling 418-1500 or visiting www.swflso.org/ concerts.举

Summer Night Market Returns To Collaboratory

he second Night Market will be held on the Collaboratory campus on Friday, August 19 from 6 to 9 p.m. With live music by The Line Up Band, the event will be included as a stop on the River District Alliance's monthly Music Walk being held the same evening. "Our first Night Market held in May

was an interactive experience where the community was able to come meet us and our resident partners," said Stacey Mercado, events lead for Collaboratory. "We look forward to seeing even more visitors at this second event and want to hear from them as we build a sense of community and get to know each other. Collaboratory was designed to connect people.

Captains For Clean Water, IMAG History & Science Center, Alliance for the Arts and Lee County Library will be onsite for experiences throughout the night.

Retailers selling gifts on site include Dynasty Guacamole, Southwest Florida Produce, Amorist Jewelry, Tripe Dog Dare Bakery, Wild at Heart Flower Truck, The Love Muffins, Wajoli African Wear, Sunnyqsunscreen, Chaotically Copeland Creations and Brandy's Wax and Wicks.

Food trucks and food vendors include Nickel City Red Hots, Dave's mobile pizza and more, Island Vibez, Wonderland Cookie Dough and beer by Millennial Brewing Co.

Anyone interested in participating as a partner vendor can email smercado@ collaboratory.org.

The Collaboratory campus is located at 2031 Jackson Street in downtown Fort Myers. To RSVP, visit www. collaboratory.org/event/night-market.券



SPECIAL EXHIBITIONS NOW ON VIEW

ADORNED BY THE SEA: Shells in Fashion

MOLLUSK HOSPITAL: A Shell Folk Art Journey in 20 Rooms

Open during regular Museum hours with paid admission

Summer exhibitions made possible by a grant from the Cornelia T. Bailey Foundation and a gift from Mark and Kathy Helge.

FREE ONLINE LECTURES

Aug. 11: Mobilizing **Millions of Mollusks of the Eastern Seaboard**

by Dr. Rüdiger Bieler, Curator of Invertebrates, The Field Museum; and Dr. José H. Leal, Science Director and Curator, BMNSM

Sep. 14: Saving the Queen of the Sea: Queen Conch Conservation

Aquaculture

by Dr. Megan Davis, Research Professor, Aquaculture and Stock Enhancement Program, Florida Atlantic University Harborbranch Oceanographic Institute

Oct. 13: Land Snails in Los Angeles: An Experiment in Urban Citizen Science

by Dr. Jann Elizabeth Vendetti, Associate Curator and Twila Bratcher Chair in Malacology, Natural History Museum of Los Angeles County Past online lectures available to view anytime at ShellMuseum.org

Register at ShellMuseum.org/lectures

Lectures made possible by a gift from Mark and Kathy Helge.

FALL CLASSES

Nov. 2: Fantastic Shells and Where to Find Them Nov. 8: Mound House Field Trip (Fort Myers Beach) Nov. 16-17: A Day in the Life of an Aquarist Nov. 29: Shell Ambassador Certification Course **Dec. 13: Lighthouse Beach Marine Biology and Field Lab** Register at ShellMuseum.org/classes

3075 Sanibel-Captiva Rd., Sanibel, FL **Open Daily** 10 a.m.-5 p.m. (239) 395-2233 • ShellMuseum.org



IMAXtree by Launchmetrics



Space Center Óffers Teachers Free Admission

Tith a focus on educating the public about the past, present and future of space exploration, Kennedy Space Center Visitor Complex is expanding the Educator Study Pass program to now include active teachers throughout the United States, Puerto Rico and the U.S. Virgin Islands, giving more teachers than ever before complimentary admission to the visitor complex.

"The Educator Study Pass is one of the many programs we offer as a way to give back to our community," said Therrin Protze, chief operating officer of Kennedy Space Center Visitor Complex. "Teachers play an important role in educating the future generation of scientists, engineers and even astronauts. Expanding the Educator Study Pass allows us to show our support to more teachers than ever before.

Both NASA and Kennedy Space Center Visitor Complex provide resources for educators and students that enhance the learning experience. NASA provides access to lesson plans, videos and interactive games that expand knowledge of and more deeply explore science, technology, engineering and mathematics (STEM). The visitor complex offers education-focused learning specializing in STEM through

educational adventures including field trips enhanced by the Explore & Learn mobile learning experience via the Space Chase! app, private educational programs, Overnight Adventures and Camp KSC.

To receive the Educator Study Pass, active teachers are required to bring one of the following items to Will Call, located at the entrance of the visitor complex:

An active teaching certificate from the United States, Puerto Rico or the U.S. Virgin Islands;

A badge with a photo that shows the title Teacher or Educator; or

Letter on school letterhead, dated and signed by the principal listing the name(s) of the teacher(s), stating they are an educator at the school.

For more information about the Educator Study Pass at Kennedy Space Center Visitor Complex, visit www. kennedyspacecenter.com/camps-andeducation/educator-study-pass.举

Lee Transit To Host Career Fair

ee County Transit (LeeTran) will host a career fair at the LeeTran headquarters building on Friday, August 19 from 10 a.m. to 1 p.m. The event is open to the public with the hope of encouraging prospective employees to join the LeeTran team.

During the job fair, attendees can learn about open positions, participate in on-the-spot interviews and get

crownoflifelutheran.com. 5820 Daniels

CYPRESS LAKE PRESBYTERIAN

Sunday 9 and 11 a.m. English, 10 a.m.

Spanish. www.clpc.us, 8260 Cypress Lake

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service,

Sunday 10:30 a.m., www.christianscience

fortmyers.net, www.christianscience.com.

2390 West First Street, 334-6801. FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m., 13545

American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

Sunday 10 a.m., 8210 College Parkway,

FIRST PRESBYTERIAN CHURCH OF

11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261 IONA-HOPE EPISCOPAL

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue,

a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake

Pkwy, 482-2315.

Drive, 481-5442

Drive, 481-3233

482-3133.

481-1143.

FORT MYERS

CONGREGATION

Lake Drive, 482-1250.

FAITH UNITED METHODIST

Sunday 10 a.m., 15690 McGregor Boulevard, 482-2030.

REDEEMER CHURCH

information about the competitive benefits package. Available positions include those for drivers, maintenance technicians and specialists, seasonal work and more.

Transportation is a public service that keeps Lee County moving. Potential employees are offered the opportunity to amplify their skills through extensive on-the-job training and support.

"LeeTran is interested in filling positions with passionate, charismatic and reliable individuals," Transit Director

Sign Up For Theater Auditions

ulf Coast Symphony will be hosting open auditions for the 2022-23 season. Auditions will take place for Snowbird Follies, The Thing About Men, Forever Plaid, Gypsy and Nunsense.

Auditions for Actors' Equity Association (AEA) and non-equity actors will be held at Gulf Coast Symphony's Music and Arts Community Center from Sunday, August 21 to Tuesday, August 23. While in-person auditions are preferred, video submissions will be accepted for these shows via www. backstage.com. Time slots can be reserved on www.signupgenius.com. All dance calls and callbacks will be scheduled same day from 7 to 9 p.m. by invitation only.

Travel stipend and housing is

LAMB OF GOD

Sunday 7:45 and 10 a.m., www. lambofgod church.net, 19691 Cypress View Drive, 267-3525

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m., www.newhope fortmyers.org, 10051 Plantation Road, 274-1230

PEACE COMMUNITY

Sunday 10:30 a.m. www.peacecommunity church.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m., www.peaceftmyers. com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599. **REDEEMER LUTHERAN**

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFort

Meditation classes. www.MeditationInFort Myers.org, 567-9739. SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973. ST. FRANCIS XAVIER CATHOLIC Monday through Thuraday 6:45 a.m.; Eriday Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE **METROPOLITAN**

Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012. SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218 SAINT NICHOLAS MONASTERY Sunday 9:30 a.m., www. saintnicholasmonast

Robert Codie said. "At LeeTran, we are a team that works together toward a common mission of providing superior transportation service to our amazing county. It is a privilege to be a Lee County employee, and we are excited to grow our LeeTran team."

The LeeTran headquarters building is located at 3401 Metro Parkway in Fort Myers. If you are seeking employment but are unable to attend the job fair, visit www.leegov.com/leetran/nowhiring.☆

available. In the continued commitment to diversity, Gulf Coast Symphony strongly encourages any actor of any race, ethnicity, identity and ability to submit an audition.

Gulf Coast Symphony's Music and Arts Community Center is located at 13411 Shire Boulevard in Fort Myers. For questions, email auditions@ gulfcoastsymphony.org.**

Dean's List

ylan Silverman of Cape Coral has been named to the dean's list for the spring 2022 semester at Manchester University in North Manchester, Indiana. Silverman is majoring in business management.

To receive the honor, students must earn a semester grade-point average of 3.5 or higher and complete at least 12 semester hours with no more than three hours of pass/not pass grades.☆

ery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Duesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818. SOUTHWEST BAPTIST Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336. TEMPLE BETH EL SYNAGOGUE Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www. templebethel.com, 16225 Winkler Road, 433-0018. **TEMPLE JUDEA (CONSERVATIVE)** Friday 6:30 p.m. and Saturday 9 a.m., www. tjswfl.org, 14486 A&W Bulb Road, 433-0201 THE FAITH CENTER Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638 THOMAS A. EDISON CONGREGATIONAL Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978. UNITARIAN UNIVERSALIST Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700. UNITY OF FORT MYERS Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511 WESTMINSTER PRESBYTERIAN CHURCH Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125. WORD OF LIFE Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881. ZION LUTHERAN Saturday 5 p.m.; Sunday 8, 9:30 and 11 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews. com or call 395-1213.

Churches/Temples

Service 10:30 a.m. in house and live on Facebook. Adult Ed Forum 9:15 a.m. in Sanctuary, www.allfaithsuu.org, 2756 McGregor Boulevard, 226-0900. ALL SAINTS BYZANTINE

RITE CATHOLIC

Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation. fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE

Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171. **BIBLESHARE**

10 a.m. Sunday and 7 p.m. Tuesday, www. simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835. CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708. CHAPEL OF CYPRESS COVE Sunday 10 a.m., www.revtedalthouse@aol.

com 10200 Cypress Cove Circle, 850-3943. CHAVURAT SHALOM

Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com. CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188. COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY

Sunday 8 and 10:45 a.m. Jan 1 - Easter; 9 a.m. after Easter - Dec 31. www.

ALL FAITHS UNITARIAN

CONGREGATION

Hummingbird Attractors

by Gerri Reaves

You can influence which pollinators visit your yard to sip nectar by choosing particular flower shapes, colors and other characteristics. For example, planting fragrant nocturnal bloomers can attract moths and bats.

Plants and pollinators have co-evolved to ensure pollination for the survival of the species.

Without the transfer of pollen grains from the male anther of a flower to the female stigma, seeds will not develop. Stationary plants must rely on

pollinators, wind, water and other animals to get that pollen where it needs to go.

A pollinator's anatomy suits it to access disk-, cup- or tube-shaped flowers and will seek them out.

A basic rule for attracting hummingbirds is to plant tubular flowers in the red-orange-pink range.

Tubular flowers' petals closely fuse into a cylindrical, tube, funnel, or trumpet shape.

Hummingbirds, with their long slender beaks, have evolved to access nectar deep in the throats of such flowers.

The birds return the favor of a nectar

Help Baby Turtles Reach The Gulf

Sea turtle hatchlings are starting to emerge from their nests on Fort Myers Beach. Unfortunately, some of them are going the wrong way due to being disoriented by lights from houses, condos and resorts.

Turtle Time, Inc., the organization that monitors sea turtle nesting season on Fort Myers Beach, recently reported some hatchlings were found under condos and houses because the property's lights disoriented them. Some were rescued but many likely perished due to predators, exhaustion, and dehydration.

Town officials are asking property owners, residents and visitors to help prevent disorientations and hatchling deaths with three simple steps:

1) Draw curtains after sunset;



Native firebush's tubular flowers attract many pollinators, including hummingbirds photos by Gerri Reaves

sip by emerging from a flower with a head dusted with pollen, which is then transferred to another flower.

If you want to attract these tiny jeweled wonders, there are many native wildflowers, shrubs and vines to choose from.

Pictured here are two of the most popular, firebush (*Hamelia patens*), a

2) Turn off unnecessary lights indoors and outdoors;3) Use the proper long wavelength

outdoor lights that are downward directed and shielded from the beach.

It is important to draw curtains after sunset to shield interior lights because these lights can be the source of many hatchling disorientations. Cooling sand after the sun sets cues hatchlings to emerge from their nests.

Property owners and managers of beachfront properties are also being asked to turn off unnecessary outside lights and/or convert exterior lights to long wavelength bulbs in downward directed fixtures that shield the bulbs from the beach. Long wavelength light is on the ROY side of Rainbow's ROYGBIV, whereas white light contains the entire spectrum.

Town officials consider disorientations of sea turtle hatchlings from man-made



Coral honeysuckle is an easy-to-grow native vine

shrub with red-orange tubular flowers and coral honeysuckle (*Lonicera sempervirens*), a vine with deep pink-red tubular flowers.

Others to consider are Cherokee bean (*Erythrina herbacea*), a low-growing shrub; scarlet sage (*Salvia coccinea*), a wildflower; and trumpet creeper (*Campsis radicans*), a vine, just to name three.

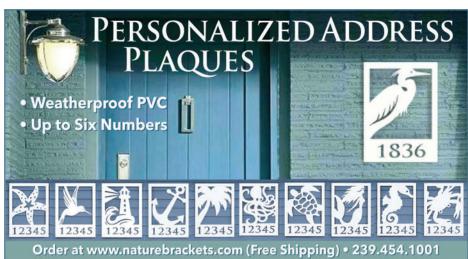
lights as an irreparable and irreversible violation with a fine of up to \$5,000. For more information about threats

The ruby-throated hummingbird is the most likely hummingbird species you'll see in South Florida, but the rufous and buff-bellied are occasional winter visitors.

Planting bright red tubular flowers in your yard might give you a chance to glimpse one of these iridescent beauties. Plant Smart explores the diverse flora of South Florida.

to sea turtles, visit www.myfwc.com/ research/wildlife/sea-turtles/threats.莽





Big Moon, **Big Tides**



by Capt. Matt Mitchell

Then I looked at this past week's tide chart and saw such big highs and major lows, that meant we were going to have lots of water movement. The

more the water moves, the better our fishing is. Even with such a big full moon, the action was outstanding all week. Trout and mangrove snapper were caught out on the flats, while the snook fishing was good from the beaches and passes all the way to the backcountry.

My favorite tide to fish all week was the big midday high incoming. This tide offered lots of water flow and options from both oyster bars and mangroves. Oyster bars on the western side of the sound from Captiva to Cayo Costa were loaded up with snook and even an occasional redfish. Every day I fish these bars, I'm seeing more and more redfish as our best redfish action of the year is coming up fast. Mangrove fishing for redfish was also a good bet with the northeast end of the sound. Start at Panther Key and work north. Cut bait and cut pinfish did best during the last few hours of the incoming tide.

Though fall cool-off is a very gradual



Vinnie with a redfish that completed his slam while fishing with Capt. Matt Mitchell this week photo provided

thing, you can certainly notice our days have begun to get shorter. When asked what's my favorite time of year to fish our waters, I cannot think of a better time than late September and October. Spring is good too, though the lack of angling pressure in the fall makes it as good as it gets. Cooling temperatures along with the bait migration mean the variety of target

things to do in the fall is get out along the beaches and fish around the bait schools. These pods of bait can be found from in close to out a few miles. Once you find the birds and bait, you never know what it can lead to.

On the back side of the super moon, tarpon have slowly started to reappear in the sound. Slick calm mornings made it easy to spot them. One cool thing I saw this week that I have not seen for years was tarpon working bait on a weed line in the sound. Seeing these fish push up and down the edge of the floating grass was amazing, even though we never caught one. Live pinfish under a float are hard to beat as we approach fall tarpon fishing. If your willing to put in your time and start early, tarpon have been more active than I've seen in months. Start the hunt in the middle sound.

The Florida Fish and Wildlife Conservation Commission has planned to open the redfish harvest for our region on September 1 after a five-year closure. With these fish making what seems like a slower comeback than both snook and trout, I don't agree with this move and personally think they should keep this

fishery closed for at least another year. The size regulations on redfish will remain 18 to 27 inches though, thankfully, the one per person per day limit will be reduced to two per boat max. After what our beloved fishery went through, airing on the side of caution would have been a better call.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol. com.举

From page 1

Video Project

drink the new wine)." Adapted from a word game with players adding text to a sheet of paper that was then folded to conceal additions before being passed to the next contributor, the Surrealists soon began to apply this practice to drawings of the human figure. Taking turns in sketching - head, torso, legs and feet - independently, fantastic "creatures" were often revealed as the corpse was unfolded.

According to the artist organizers, The Exquisite Moving Corpse was created and compiled over a two-year period beginning in March 2020. Most of the footage was shot, shared and edited while participants worked in pandemic-related quarantine. Lord, Massing and Miller initiated the game - making the first three minutes - then handed it off to an evolving list of invited collaborators in what they describe as an artist chain letter. And, just following a recent premiere installation at the Archivio Emily Harvey art space (curated by Bob Rauschenberg Gallery Director Jade Dellinger) during la Biennale in Venice, Italy last month, FSW is among the first U.S. venues to unveil and present The Exquisite Moving Corpse in a gallery setting.

The Bob Rauschenberg Gallery is open to the public, free of charge. Gallery hours are Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 11 a.m. to 3 p.m.

The Bob Rauschenberg Gallery is located within FSW at 8099 College Parkway, Building L, in Fort Myers. For more information, call 489-9313 or visit www.rauschenberggallery.com.☆

species is limitless. One of my favorite



www.captmattmitchell.com

email: captmattmitchell@aol.com

f CLEAR YOUR GEAR[™] It Catches More Than Fish Single hooks cause less damage than treble hooks





crow case of the Week: Eastern Spotted Skunk



by Bob Petcher

The eastern spotted skunk (Spilogale putorius) is one of the smallest skunks, with short legs and a long, bushy tail. This nimble carnivore is about half the size of a house cat and has a

weasel-like body shape.

The eastern spotted skunk is less known than the traditional striped skunk. It is so-called "spotted" due to four stripes on its back that are broken in pattern, giving it a "spotted" appearance.

giving it a "spotted" appearance. Like most skunks, the spotted skunk does possess the defense mechanism of releasing noxious odors from its scent gland. Unlike the striped skunk, the spotted skunk is an excellent climber and will climb trees if it needs to.

At CROW, an infant male eastern spotted skunk was found alone in Fort Myers. Veterinarians noted he was slightly dehydrated but otherwise healthy, leading them to believe he was likely orphaned.

"The finder located the infant in the median of a busy road and was unable to see any parents at that time," stated CROW Rehabilitation Manager Breanna



Patient #22-4150 relaxes after being found orphaned

Frankel. "The surrounding area was too vast for them to search without knowing which direction the infant came from as there were no obvious skunk dens."

The young skunk will be raised according to protocol.

"This skunk is one to one and a half months old at this point. Being raised according to protocol just means that we have a pre-determined feeding plan based on age, and we will adhere to photo by Haillie Mesics

those guidelines to raise this infant," said Frankel. "This ensures appropriate nutrition, growth and development."

The patient needs to grow and be able to defend itself.

"The infant is eating entirely on its own so we are refreshing the diet offered three times a day. We also provide environmental and food enrichment to encourage natural behaviors," said Frankel. "As far as supportive care goes, THE RIVER - AUGUST 19, 2022 9

this infant does not require additional supplements or medication and is doing well independently. It is too small to be on its own at this point so it will likely be in the clinic until roughly four to five months old."

The infant skunk will either remain at the clinic for its upbringing or be transferred to another wildlife clinic or center to be raised with other spotted skunks around the same age.

"We do not have any other spotted skunk patients right now, so we are actively searching for other centers with infants we could transfer to," said Frankel. "We can either transfer this skunk out, or transfer others in. It really just depends how many skunks the other centers have. If they have more than one skunk, it makes more sense for us to transfer to them."

While that issue gets resolved, the juvenile spotted skunk will receive the quality care it needs at CROW.

"It is eating well on its own and growing appropriately for its age," said Frankel. "We do not have any release information at this time since it will need another three months or so at the clinic before considering release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.**



This sweetie is affectionate, playful and beyond adorable. She has a wonderful disposition and would make a great addition to a loving household. Why not make an appointment today to meet this cutie?

239-731-3535 • AnimalRefugeCenter.com 18011 Old Bayshore Rd, N. Ft. Myers





ENJOY OUR ISLANDS AND PROTECT WILDLIFE AT THE SAME TIME!

Сосото

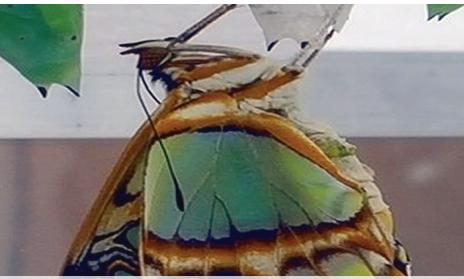
Sanibel and Captiva provide crucial habitat for many sea turtles, shorebirds, and sharks. You can help us protect these species by practicing a few easy wildlife-friendly habits.

Check out our beach tips by visiting SanCapLifeSavers.org or simply scan the code.





Terrier Mix • Female 8 mos • 12 lbs



The Butterfly Estates

Home of the Southwest Florida's largest native Butterfly Conservatory! Visit DAAS Art Gallery and Gifts, Bullig Cafe and Thrifty Garden Shop.

Check out our website for for information at

TheButterflyEstates.com

Located in Downtown Fort Myers 1815 Fowler Street, Fort Myers, Fl. 33901 Phone 239 -690-2359 - Free Parking Behind Buildings

Strategic Plan For Local CRA

The Fort Myers Community Redevelopment Agency (CRA) has adopted a new strategic plan – one that will involve a vision statement, mission statement, core values and strategic goals.

Representatives from the CRA board, CRA advisory committee, CRA staff and other city staff as well as interested citizens worked together at round table seating to prepare the plan. The city live-streamed the program to enable citizens to view the proceedings online. The retreat was facilitated by Dr. Bob Lee, president of Local Government Advisors, Inc. and MPA program coordinator/associate professor at Florida Gulf Coast University.

During the workshop, participants learned details about the CRA structure and administration, CRA initiatives and current CRA projects. They worked in groups to undergo an assessment of the city's strengths, weaknesses, opportunities and threats/challenges

Abuse Prevention Training Program

A n estimated 30 percent of child sexual abuse goes unreported. The Children's Advocacy Center of Southwest Florida (CAC) aims to lower that number in our community by expanding its abuse prevention programs and opening conversations to help end the stigma of abuse.

Child abuse thrives when nobody is talking about it," said Quinton Clawson, community awareness and outreach supervisor at the CAC. "As adults, we must be brave and have these uncomfortable conversations. The idea is to have these educational conversations to break the stigma and create awareness. There is life and healing after abuse. We need to keep going forward with programs like these to prevent it from ever happening in the first place. Expanding our programming is an incredible opportunity to broadcast resources for both children and adults.

The more these uncomfortable conversations occur, the less abuse is allowed to happen, and the CAC continuously works to raise awareness and increase abuse prevention initiatives. The community awareness and outreach program that the CAC has implemented teaches children and adults how to shine a light on uncomfortable topics around abuse and what to do if they suspect a friend or family member is being maltreated.

"There is a lack of education and awareness in Southwest Florida, and the CAC's prevention programs really aim to change that," said Julie Boudreaux, CEO of the Children's Advocacy Center of Southwest Florida. Boudreaux's primary goal is to end the stigma of sexual abuse in our local

(SWOT/C).

"It was laudable how all tables of participants worked together to collectively prepare this plan," said Fort Myers CRA Executive Director Michele Hylton-Terry. "We know this plan that will be used throughout the year will help us be a better organization and deliver positive results for our city and community while fostering a positive environment for our staff and board."

According to Hylton-Terry, the vision statement is an aspirational statement that communicates what the CRA wants to be and be known for in the future. The mission statement is an action statement that communicates how the CRA intends to achieve that vision. The core values are intended to guide all stakeholders in terms of what values they will use in implementing the CRA's strategic plan, and the strategic goals are broad multi-year initiatives that directly supports the mission statement.

It was recommended that the report be formally presented to the CRA board at a public meeting where the public will have an opportunity to comment on the contents and language provided for the vision, mission, core values and

community through these programs. Prevention training at CAC takes a two-pronged approach specializing in the education and prevention of child abuse, including sexual abuse and mandated reporting. The programs are separated by the audience's age, Stewards of Children for adults and Kayla's Club for children and youth.

Stewards of Children is an evidenced-based curriculum from Darkness to Light, a worldwide leader in child sex abuse education, research and advocacy. Attendees learn to recognize signs of abuse, how to respond and how to report it. The sessions are led by a CAC staff member and are held monthly at the Collaboratory in downtown Fort Myers and are open to the public. The next session is being held on Thursday, August 25 at 9 a.m. The CAC also provides onsite training for large groups working with children – such as schools, after-school programs and churches offering more in-depth information and skill development in reporting abuse, signs of human trafficking and other topics.

Kayla's Club provides children and youth a platform to openly discuss what abuse looks like, how to prevent it and how to report it to a trusted adult. The program is named after a survivor and advocate against sexual abuse, Kayla Peck. Kayla's Club utilizes a combination of survivor experiences and a curriculum designed by the Monique Burr Foundation that is focused on delivering age-appropriate education and guidance, depending on the demographic of the audience.

Since 1981, the CAC's mission has been to provide a coordinated response to child abuse and neglect victims to improve the lives of at-risk children and their families through prevention services. The CAC provides abuse determination services, therapeutic strategic goals. A final version will be incorporated into a final strategic plan

In terms of budgeting, CRA staff will be able to develop SMART (Specific, Measurable, Applicable, Realistic, Time-bound) objectives that support each strategic goal provided in the strategic plan.

"The SMART objectives will correlate directly with the revenues and expenses outlined in the budget, giving the reader a clearer understanding on the categories and numbers within the budget," said Hylton-Terry. "These objectives can also be incorporated into the CRA's annual employee evaluation process to ensure that employees are focusing their attention on CRA objectives from the annual budget resulting in employees working on matters that have been prioritized to support the CRA's strategic goals."

The local CRA strategic plan includes:

Vision Statement: A vibrant and prosperous community free of slum and blight.

Mission Statement: Provide equitable, impactful incentives, while implementing redevelopment plans that enable revitalization and foster

counseling, pet therapy, advocacy and parenting education.

For more information about how you can help end child abuse, call 939-2808 or consider making a tax-deductible donation at www.cac-swfl.org.*

Lee County EMS Third-Party Security Breach

ee County Emergency Medical Services is reporting that, on August 4, staff received notification of a customer data breach related to a previous third-party vendor responsible for ambulance billing services.

Lee County EMS conducted business with a company called Intermedix Corporation for nearly 15 years, ending its vendor contract in September 2014. Intermedix hired a law firm called Smith, Gambrell & Russell (SGR), and the firm was in possession of the data when the breach occurred.

Of all the records the firm handled, less than two percent of the total may have been compromised. At this time, there is no indication that any of the information was misused, and the notice is being provided out of an abundance of caution, according to SGR.

The county immediately worked with Intermedix and SGR to assist their efforts to notify those who are potentially impacted, as required by federal law. Impacted individuals should receive a letter in the mail within the next 14 to 21 days.

The county is sharing this with media for transparency and to assist Lee County residents who may be receiving notification in the mail.

Lee County's EMS website has

engagement and opportunities for stakeholders, using sound fiscal practices and professional staff to improve quality of life for our diverse community.

Core Values: Integrity, respect, excellence, teamwork, curiosity. Strategic Goals:

1. Implement redevelopment plans in a timely and cost-effective manner.

2. Engage stakeholders by marketing and promoting the city's CRA programs.

3. Adopt sound fiscal practices in the administration of the CRA's financial decisions.

4. Recruit, train, retain and competitively compensate professional staff to provide the highest level of service.

5. Provide meaningful and impactful incentives designed to spur development.

6. Create programs or partner with/ refer to other agencies to provide training for both continuing education and trades.

Note: Goal # 6 was slightly edited by the Dr. Lee to provide that the CRA will focus on the goal without having to be the actual provider.

been updated to include information about the types of protected health information involved, steps that individuals should take to protect themselves, a description of the SGR/Intermedix security breach and contact information for those with questions. For more information, visit www.leegov.com/publicsafety/ emergencymedicalservices or call 800-939-4170.55

Finalists Set On New Name For School Program

Four potential names have been selected as finalists for the new name of the Lee County School District's Lee Adolescent Program (LAMP), a name that more accurately reflects both the mothers and fathers who are enrolled in the program. The finalists in alphabetical order are: Lee Teen Parent Program; Parent Education Program; Student Education Parent Program; and Young Parent Education Program.

LAMP is a part of the State's Teenage Parent Program (TAPP) which provides child care, transportation, academic, health and social services for teen parents while they are completing their schooling. The district would like community input to develop a name that equitably reflects all teen parents and makes the program easily identifiable and accessible for students.

Once the survey is complete, the ad hoc committee that chose the four finalists from the initial submissions will review the results and make a recommendation to the school board for approval. The name change will become official once registered with the state.

Conversions To Solid Waste Collection Days

ee County Solid Waste will have additional areas converted to same-day collections for garbage, recycling and yard waste. Beginning Monday, August 22, residents only have to put materials to the curb once a week in these areas: Captiva; Iona; Whiskey Creek; San Carlos Island; and South Fort Myers south of Gladiolus Drive and west of U.S. 41.

WM, Lee County's contracted hauler for the area, is announcing the service enhancement through postcards mailed to each of the nearly 26,000 affected addresses. Residents with questions can contact WM customer service at 334-1224.

Residents also can use the search feature on the Lee County Solid Waste website to determine which day of the week is their new collection day. Visit www.leegov.com/solidwaste or use the county's Resident Information Tool at www.leegov.com/tools.

Staff have distributed posters to area libraries, recreation centers and

businesses to help inform residents of the change. Temporary digital signage will be used at major intersections in the affected areas. Additionally, the county will use billboards along San Carlos Boulevard, on Summerlin Road near the Causeway and on U.S. 41 and College Parkway.

Residents also can follow Lee County Government on social media at www.facebook.com/leecountyflbocc and the county's additional social media channels.

This area of same-day collections represents the fourth area to receive customer service enhancements. The area of Estero, San Carlos, Gateway and portions of South Fort Myers converted to same-day service in May. The area of North Fort Myers and Greater Pine Island converted in October 2021. Lehigh Acres and its nearby areas were the initial area converted.

"Same-day service minimizes the time residents have material sitting curbside and reduces collection-vehicle traffic in neighborhoods to one day per week," said Doug Whitehead, Lee County Solid Waste director.

To receive updates from Lee County Government, sign up for news at www. leegov.com/resources/newsletters.

Singers Needed For Summer Choral Festival

A ll community singers are invited to join Choral Artistry at its annual Summer Sing Festival at the Sidney & Berne Davis Art Center on Tuesday, August 30 from 7 to 9 p.m.

There will be a casual evening of reading settings of well-known *Gloria* compositions, including those of Vivaldi, Ramierez, Robert Ray, Argento and even something from Bach's *B Minor Mass*. Led by conductor Dr. Trent Brown, Summer Sing is free to participate as a singer or to join the audience in a sing-along with the talented members of Choral Artistry. Singers must register at www. choralartistry.org/performances. Music is provided.

"We are excited to be able to return

to the Berne Davis Art Center for this popular event," said Dr. Brown, "and to share these beautiful works with singers from the community. We look forward to seeing a lot of new faces this year."

This year's "Gloria" theme will have singers rehearse a bit and then perform the full Vivaldi *Gloria* plus settings of this text by several other composers.

Participants will have a chance to join a short meet-and-greet reception with Dr. Brown and Choral Artistry members following the event. A cash bar will be available throughout the evening.

Choral Artistry is the new brand for the former Symphonic Chorale of Southwest Florida.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information about Choral Artistry and festival participation/registration, visit www.choralartistry.org/performances, email contact@choralartistry.org or call 560-5695.‡

Bank Celebrates Grand Opening



From left, Gulf Coast Business Bank CEO Bill Blevins with Lee County Commissioner Kevin Ruane and his wife, Doreen photo provided

The staff at Gulf Coast Business Bank celebrated the grand opening of its first branch last week. The new bank, located at 12205 Metro Parkway in Fort Myers, is locally owned and operated by experienced

Ceremony For Renovated Transit Center

The public is invited to attend an official ribbon-cutting ceremony for LeeTran's renovated and expanded Rosa Parks Transportation Center on Wednesday, August 31 at 10 a.m.

The ceremony will feature brief remarks by Lee County Commissioners

bankers who are invested in the success of the community and its businesses. City officials and community members attending the opening were treated to food from food trucks, drinks, live entertainment and giveaways.

and other officials.

The renovations include four additional bus bays, an expanded and remodeled customer service area and ADA improvements. The \$4.2 million project was fully funded by grants from the Florida Department of Transportation. An estimated 1,100 passengers use the facility daily.

Rosa Parks Transportation Center is located at 2250 Widman Way in Fort Myers. To receive updates from Lee County Government, sign up for the newsletter at www.leegov.com/ resources/newsletters.\$





Book Review The Soul Of An Octopus



by Di Saggau

'm sure many of vou have heard about and seen pictures of the new giant Pacific octopus at Bailey-Matthews National Shell Museum on Sanibel. A few months back, Sam Ankerson, executive director

of the museum, spoke to my Continental Women's Club and while talking about the octopus he mentioned a book The Soul of an Octopus for anyone wanting to know more about octopuses. I quickly found a copy and discovered a pageturning adventure about one woman's relationship with the multi-hearted, smart and affectionate characters.

In the book, naturalist Sy Montgomery elegantly offers a unique window into octopus behavior and intelligence, both science-based and emotional. of her extended encounters with octopuses while going behind the scenes at Boston's New England Aquarium and diving in Polynesian waters. She documents her intimate, often poignant relationships with octopuses, including four she calls by name, Athena, Octavia, Kali and Karma. Octopuses only live several years and they

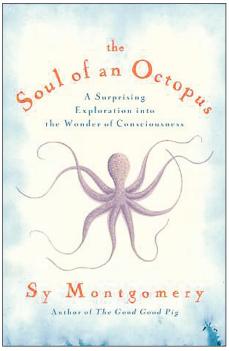
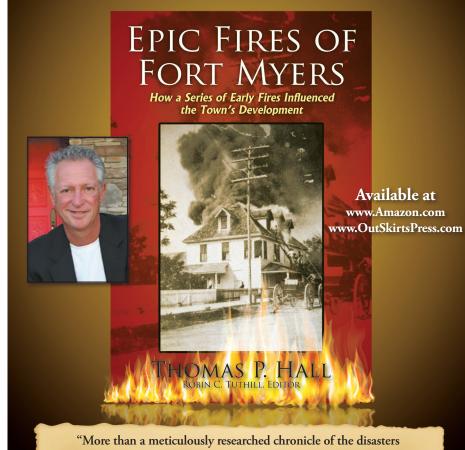


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not only master a variety of skills but also win over Montgomery's heart, so much so that she actually grieves over their deaths.

The reader begins to understand the author's attachment and her fascination with their minds and intelligence. They "play" by using their jet propulsion to propel bottles around their tank. They can turn their bodies into extraordinary color patterns, changing multiple times in seconds.

Montgomery documents her world



that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

travels in pursuit of opportunities to meet and engage with more of these incredible animals. The Soul of an Octopus is an intimate look at these highly intelligent creatures, capable of tenderness, playfulness, happiness and friendship, and as the subtitle states, "a surprising exploration into the wonders of

School Smart by Shelley M.



quickly enough to get out to recess. Plus, she says that her lunches don't taste good. What can I do? Janine V, Cape Coral

ear

Shelley,

My

Janine,

School lunch time is not relaxing. Cafeterias are noisy, crowded, sometimes dirty and filled with obstacles for kids. There may be physical obstacles such as maneuvering through the lunch line and finding a place to sit. There are certainly social obstacles that can become more significant as kids get older with blatant bullying and social exclusionary behaviors. Kids have a very limited amount of time to eat their lunch, go to the restroom and get back to class on time. Some schools have implemented creative ways to work through lunchroom issues, but most have not.

Below are a couple of ideas to help with some of the concerns that kids face in the lunchroom:

With younger kids, practice eating a "school lunch." Make sure they can open everything you send with them. Talk about not eating off of the table in the lunchroom. Set a timer for 20 minutes or whatever amount of time is allowed and talk about how they may not finish eating and that's ok. Practice packing everything back up and talk about what is trash and what should come back home in their lunch box. Be specific about which lunch items they can share with friends. If your school has a donation table for unwanted items, make sure to explain that to your child as well.

Make sure your child has a nutritious lunch. They cannot be expected to learn if they have eaten lots of overprocessed foods and sugary items. Here are some expert ideas from dietitians for preparing a healthy sandwich and lunch for school (or work).

Kathyrn Riner, a pediatric dietitian, says that, "Ideally a sandwich offers some nutritional benefit and physical satiety so that kids are not distracted by hunger while also meeting their nutritional needs with food they enjoy. I like to recommend including a source of dietary fiber as well as protein, which can help kids feel satisfied while fueling their learning, activity and growth.

Rebecca Ditkoff, New York City-based registered dietitian, says that a balanced

consciousness." If you missed this book, like I did when it first came out several years ago, I hope this piques your interest in picking up a copy. Funny, entertaining, touching and profound, The Soul of an Octopus reveals what octopuses can teach us about the meeting of two very different minds.☆

lunch includes three macronutrients: protein, carbohydrates and fat. 'Ideally, proteins will be lean options such as chicken, turkey, eggs or tuna, carbohydrates will come from whole grains like whole wheat bread or pasta. brown rice, quinoa or starchy veggies (like) potatoes and fats will come from mainly unsaturated sources such as avocado, nuts".

Lunch is an important time to incorporate vegetables into a kid's diet. Meredith Price, a registered dietitian nutritionist, said to include one or two vegetables in a sandwich to get kids more exposed to them.

That can even just be lettuce and tomato – it doesn't have to be fancy, Price said. "This way you'll use less of another filling, like a processed meat or cheese, which will reduce sodium and fat content [of a sandwich]." She also recommended using hummus or smashed avocado instead of other condiments and experimenting with plant-based versions of foods your child likes to raise their veggie consumption.

These three nutritionists have suggested some sandwiches that are healthy and meet most of the requirements that they consider important for a healthy lunch. The sandwiches below are ranked according to the three nutritionists' input and are based on the sandwich fillings but include personal selections of bread or condiments. Here are their top suggestions.

1. Wrap with hummus and vegetables (spinach-and-herb tortilla, classic hummus, sliced vegetables)

2. Tuna salad sandwich (tuna, mayonnaise)

3. Deli chicken breast and cheddar sandwich (deli-sliced rotisserie chicken breast, thin-sliced mild cheddar)

4. Turkey and Swiss sandwich (delisliced oven-roasted turkey, thin-sliced Swiss cheese)

5. Peanut butter and jelly sandwich (creamy peanut butter, grape jelly)

6. Ham and American cheese sandwich (deli-smoked ham, American cheese slices)

7. Cheese quesadilla (Mexican-style shredded four-cheese blend, flour tortillas)

These ideas may seem insignificant but a healthy lunch and feeling secure in the lunchroom can be powerful for your child. If they are more comfortable in the lunch room and eat a healthy lunch, their day will be better.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.

Veterans who want to become

teachers can also learn more and start the

application process at www.fldoe.org.☆

school district.

School District Awarded Grant

he School District of Lee County received a \$100,000 grant from the U.S. Department of Agriculture (USDA) to support Farm to School projects. The grant will allow the Healthy Living Collaboration to expand gardens beyond the 48 schools that have one now and increase the number that are able to provide food to their school cafeterias.

"The USDA farm to school grant will provide funding to support the purchase of materials, training for teachers and technical support to schools across the district as students get outside to reap the benefits of growing healthy food," said Environmental Education Resource Teacher Susie Hassett. "Our most successful agriculture certification programs at Island Coast High School and East Lee County High School will mentor beginning programs, grow seedlings and build hydroponic systems for other schools in a "train the trainer" model. Our experience has shown that teachers need more than funds, they need hands-on support to learn techniques, implement systems and follow procedures to equip them for success. We look forward to garden events at all participating schools.

The Healthy Living Collaboration is designed to improve the overall health and increase food security for School District of Lee County students and families. Healthy minds and bodies are promoted by linking multisensory, cross-curricular academics with school gardens, cafeteria menus, nutrition classes, mental health education, industry certification, college and career readiness, and community outreach.

The district has seen the direct impact of students choosing healthier options when they have a role in the food being served. During the October 2021 "Florida Crunch" event, students at three schools tasted and then named lettuce grown at Island Coast High School "Learning Lettuce" aka "The Good Stuff." When served on the lunch line afterwards, student selections of salads and lettuce wraps increased 10 times.

FGCU professors and the volunteers of the FGCU Food Forest have pledged to support the effort by providing training and student interns, along with the following partners: Lee Health; Florida Department of Health; University of Florida - IFAS Extension Family Nutrition Program; University of Florida - IFAS Extension Master Gardeners; Florida Gulf Coast University - Agribusiness & Food Forest; Florida Department of Agriculture & Consumer Services; Florida Agriculture in the Classroom; Florida Farm Bureau;

Naples Botanical Garden; JN "Ding" Darling National Wildlife Refuge; Hope Clubhouse; ECHO Global Farm; Cultivate Abundance; Lee County Solid Waste; and Sakata Seeds.

Seeds and other in-kind donations have been received from Walmart, Lowe's, Tractor Supply and Rural King.

'The expansion of farm to school is more important than ever for our kids,' said Agriculture Secretary Tom Vilsack. "When schools and local producers work together, children benefit from higherquality foods on their plates and program operators have stable sources for the products they need.'

The USDA chose only 123 projects across the country to award Farm to School grants. Additionally, for the first time, the department is empowering states with \$60 million in noncompetitive grants to develop stronger and sustainable Farm to School programs over the next four years. Both actions will help more school children nationwide eat healthy, homegrown foods.☆

Military Veterans Can Become **Teachers**

he School District of Lee County is welcoming veterans as teachers through the Military Veterans Certification Pathway. Florida will issue a five-year temporary certificate for military veterans who have not yet earned their bachelor's degrees and meet the following eligibility:

Minimum of 48 months of active duty military service with honorable/medical discharge;

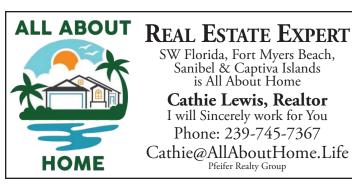
Minimum of 60 college credits with a 2.5 grade point average;

Passing score on a Florida subject area examination for bachelor's level subjects which demonstrate mastery of subject area knowledge; and

Employment in a Florida school district, including charter schools.

'Our team is excited to connect with veterans on pathways to teaching," said Suzette Rivera, assistant director for recruitment. "The need for teachers is greater than ever, and we feel fortunate to have an opportunity where we can bring veterans in our classrooms to positively impact students' lives.

The school district's recruitment department is available Monday, Wednesday and Friday from 9 to 11 a.m. for veterans to join a Zoom session with career experts to walk them through the application process and answer any other questions they may have. The Zoom link





is available at www.leeschools.net/careers/ veterans certification. The Drop in With Lee Zoom sessions are available to anyone who has a career-related question for the

Public Relations Accreditation

auren Stillwell Bernaldo, APR, of the Southwest Florida Chapter of the Florida **Public Relations** Association (FPRA), recently earned professional public relations accreditation and received the

designation of



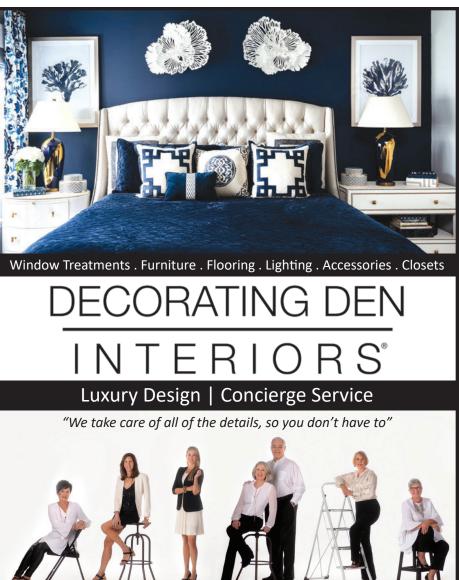
Bernaldo

Accredited in Public Relations (APR). Bernaldo joins the more than 4,300 active public relations professionals worldwide who represent a group of professionals committed to practicing with high ethical standards.

Bernaldo serves as the chief communications officer for the Lee

County Tax Collector where she increases public awareness through community engagement while helping build a supportive and innovative organizational culture. Bernaldo spent over 20 years as an award-winning writer, producer, executive producer and assistant news director at NBC4 in Columbus, Ohio, MSNBC and NBC2/ABC7 in Fort Myers. Prior to her current role, she served as director of communications, chief of staff and chief engagement officer for the School District of Lee County. Bernaldo is a wife, mother to three children, an avid reader and a lifelong Cincinnati Bengals fan.

To earn public relations accreditation, candidates must pass an oral presentation and written examination administered by the Universal Accreditation Board (UAB), which is an alliance of eight national and statewide professional associations dedicated to furthering the field of public relations and the development of public relations professionals. FPRA is a member of the UAB.举



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Lauren Stillwell

Will Power **Revealing Vulnerabilities Necessary** To Create Appropriate Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

often begin my initial consultations with a simple question. 'What do we hope to accomplish today?" I intend for that Lquestion to be more complex than who should receive what in your estate plan.

The longer I practice estate planning law, the more that I find it to revolve around emotion and feelings than as a technical exercise to transfer wealth. Sure, when I was a young attorney, I learned all the techniques to minimize taxes, properly provide for a spouse and to protect our progeny's inheritance from the dangers of spendthrift beneficiaries, divorcing in-laws and bad

investments.

When we're first married, and our children are young, life is relatively simple, and so are our estate plans. Our major assets might include a residence, retirement account and life insurance. Our relationships are fresh and straightforward. We worry over who will act as the guardian of our children if we should die in a plane crash.

As we reach retirement age, it all becomes more complicated. We may still be in our first marriage, enjoying many years together. Or we may be in another relationship, complete with step-relations. Here, providing for our spouse to maintain her standard of living with the rest passed down to our own children and grandchildren isn't so easy without having serious discussions, and making hard decisions.

Our children are no longer those rascals playing in the backyard, instead they've grown into adults who have their own strengths and weaknesses. They've married, and perhaps divorced, and have families. They may live near or far away, and our relationships with them are vastly different than what we may have imagined before they grew up.

We worry about our grandchildren's educations. College is so much more expensive today than ever. It's difficult for a middle-class family to make ends meet when they have two or three children attending university within a few years of one another. Yet a college diploma remains a ticket to a better lifestyle in our economy.

Our assets are a hodgepodge of complexity. We opened IRAs and 401(k) accounts that have minimum required distributions once we're age 72. Florida homestead must

Pacesetters Lead By Example



Jonathan Gabel

s a small, familyowned local business, serving the community is a priority. Through United Way of Lee, Hendry, and Glades Counties, Priority

Business Solutions is proud to give back as a Pacesetter Company, one of 172 businesses who "jump start" the local United Way campaign by raising the initial dollars and leading by example.

While there may not be enough hours in the day for full-time employees to give their time and talents directly, our collective giving through the United Way campaign gives us an easy, consistent way to give back. As a payroll and payments solution for businesses, Priority understands the power of United Way's payroll deduction program and the ripple effect it has on our company and the greater community.

Every employee contributes a small portion of their paycheck, and I'm proud to say that Priority Business Solutions has achieved 100 percent participation. As a business owner, that makes me very grateful and proud. It truly validates that we have good people who care for our

community and are willing to give back, even if it's just a few dollars a paycheck.

As a longtime volunteer for United Way, my history began when a friend recommended that I serve on the allocations committee. As volunteers, we represent a diverse group of business leaders and residents who meet with United Way agencies, and hopeful agencies, to assess and ensure fiscal and program accountability for United Way donors. This involves tours, interviews, and financial audits to make sure these organizations are making the best use of the dollars they receive.

Through this process, I have learned that United Way is involved in so many facets of our community and is truly the backbone of human and social services throughout the region. This gives me a firsthand look at the impact of the dollars raised in the community.

Take for example, Beesley's Paw Prints, a United Way program that engages volunteers with registered therapy dogs to visit partner agencies such as the Children's Advocacy Center where pet therapy helps offers distraction and stress relief to children experiencing trauma. As a parent, I feel a connection to this program, and it brings me great joy to see smiles on the faces of children who are hurting.

Additionally, United Way's 211 program is the first step for finding help, regardless of the situation. United Way is also often first to respond in the event of a disaster such as a hurricane or tornado.

One of the reasons that United Way is a top choice for employee giving is that

be left to a spouse, if we have one, unless we have a nuptial agreement specifically waiving the constitutional and statutory descent and devise rules. We have bank accounts, investment accounts, second residences and, perhaps, rental properties. Life is good, but not simple.

So when you sit down with me, your estate planning attorney, I need to know a few things. Not just who is supposed to get what.

Rather, I want to know what you're worried about. Most of us don't want to think about our own demise. It's ghoulish, and against human nature to do so. Yet, the thoughts creep in. What is it that keeps you awake at night when you think about leaving your loved ones behind? In the best of circumstances, what do you hope to leave them, what structure would you like to create? What structure will give you the feeling that you've left a platform enabling them to excel?

How are the relationships between your family members? Does anyone have money issues? Marital problems? Have you loaned or gifted any substantial monies to one of your children and not the others? Some of my clients are hesitant to discuss these issues as they don't want the other children to know, yet it's important to your estate plan.

This requires deep thinking and exposing vulnerabilities, both yours and your loved ones. What do you anticipate the emotions to look like following your demise between your surviving spouse and your children and grandchildren? How can your estate plan promote family harmony, and the values that you hold dear?

That's where I can help. When I hear from my clients what exactly it is that they're thinking beyond the dollars and cents, we can get creative.

Another aspect to estate planning is communication. Our culture discourages parents and children talking about money. For some reason, it's out of bounds. Some parents fear that if their children knew their net worth, then they might harbor expectations of gifts or assistance. That fear is compounded when our children don't understand the amount of principal it takes to generate retirement income.

Others fear becoming a burden to their loved ones. No one wants that. This is where having a team consisting of your financial advisor, CPA and estate planning attorney can illuminate a pathway to independence. But again, before we can guide someone down that path, we need to know what the emotions are. It requires revealing vulnerabilities.

That's why this whole process isn't a transaction. It requires an ongoing relationship. Over time, our family dynamics change, don't they? Our assets fluctuate, as do our financial needs and desires. Tax laws change seemingly every year. So that's where we begin. With a simple question. "What do you hope to

accomplish today?'

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all the funds they raise stay local. Many of us feel strongly that if we are going to donate our hard-earned dollars, we want the funds to stay in our community. I know that whether I give \$25 or \$2,500, the dollars are going directly to those struggling in our community experiencing homelessness or hunger, a tragedy or trauma. Our team sees the incredible amount of goodwill and effort United Way gives to our neighbors and that inspires and compels us to continue giving.

For Priority Business Solutions, being

From page 1 Songwriter Fest

The first weekend kicks off on Captiva Island from September 16 to 18, then moves to downtown Fort Myers from September 19 to 22 and ends with a weekend on Fort Myers Beach from September 23 to 25.

In addition to LeVox, BMI singersongwriters performing this year include: Kristian Bush, two-time Grammy award-winner and half of the Sugarland duo; Aaron Barker, who has written songs for George Strait, Clay Walker and Willie Nelson; and Dave Pahanish, who co-wrote the No. 1 Billboard Country music singles Do You Believe Me Now by Jimmy Wayne, American Ride by Toby Keith and Without You by Keith Urban.

Most shows are free, with the exception of a few ticketed experiences, a Pacesetter company adds to the culture of our organization and brings everyone together. We enjoy attending the United Way Campaign Kickoff breakfast and it's an energetic environment where we can celebrate together. We are truly working as a team for our community and I encourage other business owners to get involved as a Pacesetter Company. by joining the allocations committee or volunteering.

For more information, visit www. unitedwaylee.org.炎

such as headliner shows. Fans will select their favorites from 70 singer-songwriters who will perform more than 100 shows.

'The intimate settings for each performance allow for interaction between the performer/songwriter and the audience, which is unique because you can meet the artist and learn the backstory of their songs," said Tamara Pigott, executive director of Lee County Visitor & Convention Bureau.

Island Hopper is produced by Lee County Visitor & Convention Bureau, iHeartMedia and BMI.

For more information, visit www. islandhopperfest.com. Tickets for the headliner event are available on the Island Hopper app or at www.islandhopperfest.visitfortmyers.com/artist/garylevox. Download the app to be entered for a chance to win a two-night stay at Pink Shell during the final weekend of Island Hopper, tickets to the LeVox concert and a \$200 gift card.

Superior Interiors Natural Design In Home Décor



by Katie Frederick

Do you want to give your home a revamp that's inspired by the style and textures of the environment? Natural design in home decor is a popular option to consider; bringing

elements influenced by the outdoors inside can make your living space more inviting and help you feel more grounded in the foundation of your home.

From accents and textures to accessories and furniture, there are so many timeless options to choose from that can work throughout your space and make it feel cozy and satisfying. Adding natural design isn't only optimal for aesthetic reasons, it's also an environmentally conscious choice, bringing awareness to sustainability and what it means to use renewable, natural materials over others.

Here are some of our favorite natural elements in home design and decor that can bring your space to life:

Rattan – Rattan is a long-stemmed vine that looks like bamboo. Similar to wicker, the biggest difference between the two materials is the method of weaving. In furniture, it produces a thinner look, which can be more subtle in-home design and decor.

Wicker – Speaking of wicker, rattan doesn't necessarily make a replacement for this classic material. If you want to incorporate both rattan and wicker throughout your living space, you can achieve this by placing the two in separate rooms. This is a simple way to avoid the clash of weave styles and enjoy both options. As a bonus, both rattan and wicker are easily harvested from fast-growing trees that don't require the use of chemicals, making them sustainable products.

Teak – Those searching for a simple wood to incorporate into their home can benefit from teak, as it can help you achieve a minimalist look while offering plenty of versatility. Reapply a coat of oil to help its natural oils shine and this material will continue to hold its condition for years.

Marble – If you're going for a more luxurious take on natural design, marble makes a great option. It's said that the Greeks and Romans added marble to their homes instead of classic building materials because it was more durable and made their living spaces more extravagant.

Leather – Leather is a timeless texture that can add a touch of sophistication to any living space. This traditional material is tough, flexible and very simple to clean, making it the perfect option for homeowners with families.

Terracotta – If you want to achieve a classic mid-century modern aesthetic, terracotta fits right into the style. Add accessories in this rusty orange color to complement the rest of your natural design accents.

Live plants – Decorating with natural foliage throughout your home has always been trendy and shows no signs of stopping. Whether you add a bouquet to every level of your home or want to create a cute indoor garden with succulents, the options are endless.

Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at katie@coindecden.com.*

Conservation System For Florida Nurseries

The United States Department of Agriculture's (USDA) Natural Resources Conservation Service (NRCS) has approved a new conservation practice, a water conservation system commonly known as an evaporative cooling pad, that will help reduce water and energy while improving plant productivity in Florida nursery operations and existing greenhouses. The new conservation practice can also be used for cooling livestock and poultry facilities.

Florida's nursery and landscape industry generated \$31.4 billion total output sales in 2020, according to the Florida Nursery, Growers, and Landscape Association. As a high-volume business, the cost of cooling a greenhouse can make or break a nursery. Smaller producers who use old water cooling systems consume high volumes of water, which is of concern when facing possible restricted water use ordinances. The new system helps growers meet their cooling needs quicker while saving energy and money.

"This new Water Conservation System

helps conserve water by recirculating, reusing, recycling, or redirecting water for another use," said Juan Hernandez, state conservationist for NRCS in Florida. On average, an agricultural producer can save about six million gallons of water per year, depending on the greenhouse size and management.

Growers using evaporative cooling, typically use two-inch thick hog hair pads, approximately five-feet tall, installed the length of the greenhouse on one side. Sprinklers or drip pipes wet the pads with water, draining onto the floor, as large exhaust fans opposite the pads pull air from outside through the wet pads and into the nursery. This process creates a large "swamp cooler."

Hog hair or synthetic hog hair pads can waste water and are less effective at cooling, requiring producers to run the systems longer, using more energy and shortening the lifespan of the equipment. NRCS can replace existing deteriorated pad systems, where water is primarily lost due to a lack of recycling system, with new, six-inch cellulose pads and recycling systems that allow excess water to drain into a trough that is routed into a tank to be recirculated and reused.

Florida NRCS encourages interested nursery owners to contact their nearest local NRCS office for details on how to incorporate this new "cooling pad" water conservation system practice into their Environmental Quality Incentives Program (EQIP) plan. Although EQIP applications are accepted on a continuing basis, the current funding cycle for EQIP applications closes on Friday, September 2. All applications received after that date will be considered for a future funding cycle.

EQIP is a voluntary conservation program that helps producers make conservation work for them. Through EQIP, NRCS provides agricultural producers with financial resources and one-on-one help to plan and implement improvements, or what NRCS calls conservation practices. Using these practices can lead to cleaner water and air, healthier soil and better wildlife habitat, all while improving agricultural operations.

NRCS, originally called the Soil Conservation Service, was created in 1935 as a direct response to the Dust Bowl. NRCS helps private landowners improve the health of their operations while protecting natural resources for the future.

Record Summer Reading Program

ee County Library System's 2022 Summer Reading Program saw recording-breaking numbers and participation. Participants of all ages logged more than one million minutes of reading during the nine weeks, topping last year's total of 469,711.

The program featured an online reading challenge, engaging weekly programs, drop-in activities for families and free books for children and teens. This summer, more than 13,000 books were distributed and 407 programs held at the county's 13 library locations, many featuring local presenters and organizations.

This year's national Summer Reading Program theme, Oceans of Possibilities, was ideal for the Lee County community. Program examples included:

Adam's Animal Encounters during which families learned about native and invasive animals;

Fishing 101 with Capt. Debbie Hanson; and

A program in which children dissected squid under the direction of Sanibel Sea School's Sea Lab.

Lee County Library System staff said they noticed more families incorporating library visits into their summer schedule. Many made a library part of their weekly summer routine. "Families attend programs, search for books and movies, use computers and participate in activities like scavenger hunts," Library Director Mindi Simon said. "For families who may not have been able to experience the summer reading program inside the library, we sent our mobile outreach team to visit more than 20 locations reaching 2,500 children."

For more information about the Lee County Library System, visit www. leelibrary.net.芬

& THE HAUSER NECK CENTER



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16 | THE RIVER - AUGUST 19, 2022 Frankly Speaking



by Howard Prager Baseball Malph Moses is filling in for Howard Prager as he continues his wild travel schedule.

Today's topic is baseball trades, specifically the

worst ones' ever in my humble opinion.

A team wants to be sure that they provide the team they are trading with equal value, but this is easier said than done. The trade of Juan Soto at the recent trading deadline is a case-in-point. However, measurements such as Baseball Analytics make it more possible than in years past.

An old rule that teams still follow is "the best trades are the ones you don't make." The following two examples, hard to believe but true, illustrate the truth of this belief. In the 1940s, general manager Larry McPhail of the Yankees tried to convince the Red Sox that it would be a good idea to trade Ted Williams for Joe DiMaggio. Both teams slept on it, and the following morning decided it would not be such a good idea. The Cardinals general manager Frank Lane had a well-earned nickname "Trader." Lane actually tried to trade Stan Musial to Philadelphia for Robin Roberts. The trade fell through when Musial threatened to retire, and Cardinals owner Gussie Busch halted the deal. Here is my list of the five worst trades in baseball history.

1. Babe Ruth for *No-No Nanette* – Since 1916, when he bought the Red Sox, Harry Frazee had watched with pleasure as his team won world championships in both 1916 and 1918. His star attraction, Babe Ruth, was not only the best left-handed pitcher in the league but was quickly becoming the best hitter as well. Ruth lowered his pitching activity in 1919 but he increased his home run output to a record-setting 29. Apparently, Frazee thought that this home run craze was a passing thing. What he really liked was

the Broadway theater. The Yankees' owners pounced on this idea and offered Frazee \$125,000 plus a \$300,000 loan for a play that eventually became the successful Broadway musical *No-No Nanette*. In his first year with the Yankees, Ruth shattered his own home run record with 54, and the following year he hit 59 more. By the time he retired in 1935, Ruth became the greatest drawing card in baseball history. As for the Red Sox, they would not win another world championship until 2004, which many blamed on what was known as "The Curse of the Bambino".

2. Frank Robinson for Milt Pappas -Frank Robinson came to the Cincinnati Reds in 1956 and immediately made his mark on the National League. He set a rookie record with 38 home runs. By 1961, Robinson led the Reds to their first NL pennant in 21 years and was voted Most Valuable Player. After 10 years with the Reds, and still an all-star player Robinson was suddenly traded to the Baltimore Orioles for pitcher Milt Pappas. Reds general manager Bill DeWitt defended the trade by calling Robinson "an old 30." In 1966, Pappas had a win-loss record of 12-11 and an ERA of 4.29. As for Robinson, he became the first player since Mickey Mantle 10 years before to win the Triple Crown, hitting 49 home runs, driving in 122 runs and batting .316. The Orioles went on to sweep the Dodgers in the World Series, and Frank Robinson became the first and only player to win Most Valuable Player in both major leagues.

3. Lou Brock for Ernie Broglio – If you are a Cubs fan of a certain age and this causes you too much pain, you can merely skim over this paragraph. Lou Brock was a fleet-footed outfielder signed by Buck O'Neil who had underwhelmed Cubs general manager John Holland with his attempt to hit and play center field. At the trade deadline in 1964, Holland saw the opportunity to trade for veteran Cardinals pitcher Ernie Broglio, sending the Cardinals Lou Brock. Initially, it was thought that the Cubs had made the better deal. However, Broglio lasted just three more seasons, winning just seven games in Cubbie blue. As for Brock, he immediately took over left field for the Cardinals, was given total freedom to

SPORTS QUIZ

- 1. Paul McBeth, Ricky Wysocki, Paige Pierce and Catrina Allen are all elite competitors in what pro sports league?
- 2. In 2019, English football club Wigan Athletic introduced what new mascot created in a competition for primary school students?
- 3. Name the Brazilian tennis great who won seven Grand Slam women's singles titles during her pro career from 1950-1977.
- 4. What Japanese pitcher was named 1995 NL Rookie of the Year and threw two no-hitters during his Major League Baseball career from 1995-2008?
- 5. Jack Nicklaus, Tom Weiskopf and Ted Tryba are among the notable alumni of what university's golf team?
- 6. How many consecutive wins did Boston Red Sox pitcher Roger Clemens have to start the 1986 season?
- 7. American Bob Seagren won a gold medal at the 1968 Mexico City Summer Olympics competing in what event?

ANSWERS

run and led the Cardinals to three NL pennants and two world championships between 1964 and 1968. Brock played the remainder of his career in St. Louis, batting .293 with 3,023 hits and he set records for stolen bases in a career (938) and in a season (118) in 1974. Of all the teams that he faced in his career the team that he outhit the most was – you guessed it – the Cubs, with a batting average of .334.

4. Rocky Colavito for Harvey Kuenn – Rocky Colavito was not only a slugging outfielder with a cannon for a throwing arm, he was also a teen idol and a heartthrob. The saying in Cleveland was "Don't knock the Rock." In 1959, Colavito tied Washington's Harmon Killebrew for the AL Home Run Championship, with 42 each. The following spring training, Colavito was traded to Detroit for AL batting champion Harvey Kuenn. Cleveland's general manager Frank Lane was hanged in effigy by outraged fans but he defended the trade by comparing Kuenn to steak and Colavito to hamburger. Colavito played four years in Detroit collecting 430 home runs. Kuenn batted 308 in his one season in Cleveland before he was again traded, this time to San Francisco, where he became a part-time player.

5. Jeff Bagwell for Larry Anderson – It seemed that Jeff Bagwell was destined to be a hometown hero for the Boston Red Sox. He was born in Boston, drafted by Boston, was a rising star through Boston's minor league system, when he was suddenly traded to Houston for relief pitcher Larry Anderson who, it was thought, could help the Red Sox win their division that season. Anderson pitched 15 games in relief for the Red Sox in 1990. He became a free agent

Contract Supports Everglades Restoration

The South Florida Water Management District (SFWMD) Governing Board awarded a contract for the Central Everglades Planning Project (CEPP) New Water Seepage Barrier Project recently. This project builds on the successful 8.5 Square Mile Area Seepage Wall Project that broke ground in August 2021 and increases the length of the seepage wall. These projects help support increased flows of water from the Central Everglades into Everglades National Park while mitigating potential flooding to nearby communities.

"Today marks another great day for America's Everglades. I am proud of the historic progress we continue to make to remove barriers to move water south where its needed while reducing harmful discharges to our estuaries," said SFWMD Governing Board Chairman Chauncey Goss. "Thanks to the leadership of Gov. Ron DeSantis and my fellow board members, we are seeing record progress to restore the Everglades. Our actions today will ensure that this underground wall not following the season and signed with San Diego in 1991. Bagwell played his entire 15-year career for the Houston Astros, winning the Rookie of the Year Award in 1991, the Most Valuable Player Award in 1994 and finsihing his Hall of Fame seasons with a batting average of .297, 449 home runs and 1,529 runs batted in.

Trading can be difficult and even stressful. Once in a while, you have to laugh. Johnny Kerr, former Bulls coach, was coaching the NBA's Phoenix Suns. One day, he called into his office Dick Van Arsdale, whose identical twin brother, Tom, played for the Cincinnati Royals. Kerr said to him, "Dick, I think there's a chance we can trade for your brother, Tom." Van Arsdale said, "That's great! Who do they want for him?" Kerr replied, "You!"

A quick good news story from Howard Prager via The Guardian. "Righthander Kaiden Shelton of Pearland, Texas, was facing batter Isaiah Jarvis of Tulsa, Oklahoma, in little league regional playoffs when an 0-2 pitch got away from him and slammed into Jarvis' helmet. Jarvis fell to the ground clutching his head as concerned coaches ran to his aid. Shortly after, Jarvis' head cleared and he walked to first base. Meantime, Shelton stood on the mound staring at the ground in tears. Jarvis walked to the mound and put his arms around Shelton, telling him, "Hey, you're doing great. Let's go." The gesture drew a standing ovation." That's sportsmanship, and you can't trade for that.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@ islandsunnews.com.^{*}

only supports our restoration goals to get more water to the Everglades and Florida Bay, it also helps to mitigate flooding in nearby communities. A true win-win."

The district will install approximately 4.9 miles of a new seepage wall along the L-357 West Levee. The wall will add to the 2.3 mile segment of the seepage wall that is almost finished along the same levee and the C-358 Canal. Recent rainfall events demonstrated the success of the completed portions of the seepage wall, which retained water in Everglades National Park and helped keep residential areas dry.

The CEPP suite of Everglades restoration projects focuses on restoring flows into and through the central and southern Everglades by increasing storage and treatment south of Lake Okeechobee, improving conveyance to the Central Everglades and removing barriers to move water south.

Gov. DeSantis prioritized improving water quality and completing Everglades restoration projects for the State of Florida with the Achieving More Now for Florida's Environment Executive Order signed in January 2019. SFWMD continues to advance key Everglades restoration projects that will send more water south, reduce harmful discharges to the estuaries and improve water quality in South Florida.

Doctor and Dietician Chopped Thai Chickpea Salad With Dressing



by Ross Hauser, MD and Marion Hauser, MS, RD

ed cabbage is rich in phytochemicals, antioxidants, nutrients, vitamins and minerals. These essential components include B vitamins, calcium, manganese,

deaRPharmacist Zantac Makers **Brace Themselves** For Lawsuits



ear **Readers:** The makers of the

mega-popular antacid drug called Zantac are now facing potential lawsuits that could total

into the billions. If that doesn't cause stress-induced heartburn, I don't know what does.

This isn't about whether or not the drug works. It definitely works in terms of reducing stomach acid. The drug was removed from the market in 2020, but now it's coming back into focus.

Zantac was recalled due to potential contamination with NDMA (N-Nitrosodimethylamine), which is a probable carcinogen. The alleged lawsuits now state that negligence among pharmaceutical companies producing the drug led to serious harm in patients, specifically cancer. You can visit the Drugwatch website to see if you can file a claim.

The prosecutors say that NDMAcontaminated pills have led to cancer. The FDA must agree on some level that there's a problem because they issued a swift and complete drug recall 2020. You can learn more about the actual drug recall at the FDA's website. Go online, or watch TV, there are a lot of attorneys advertising their services to people who were adversely affected by the medication.

You may be wondering how NDMA toxin gets into medications. It is

magnesium, iron, vitamin C, vitamin A and fiber.

Cabbage is a cruciferous vegetable loaded with antioxidants including anthocyanins and indoles, making it extremely important as a cancer preventative measure. According to National Cancer Institute, the indoles in cruciferous vegetables such as red cabbage have been connected to reducing breast cancer in women. Red cabbage contains a large amount of the amino acid glutamine which is connected with reducing the inflammation and pain associated with ulcers in the gastrointestinal (GI) tract.

Did you know that red cabbage juice is thought to be the best remedy for GI issues and has been used as a home remedy for years!? Who knew?

Caring Medical RN Marylou Cash makes this delicious Chopped Thai Chickpea Salad with a super flavorful peanut curry dressing.

The following recipe is healthy and easy to make and a great way to get your veggies in: Ingredients

spawned during the manufacturing process. No one is contaminating the pills. It's just happening by virtue of normal, regular, clean production of the pill. The NDMA is introduced during the tableting process from contaminated ingredients that were sourced elsewhere. Alternatively, the contaminant results from the use of solvents and agents used during the manufacturing process. It happens all the time, and not just with Zantac. Other medications in this drug class could be involved, as can some popular anti-hypertensives.

And this may come as a shock, but a little 'poison' is allowed. There is a "permissible" amount of 96 nanograms per day. So you may be consuming NDMA, and not realize it. Here you're trying to solve one issue, and wind up with a bigger one.

The types of cancer associated with NDMA may include those of the breast, bladder, colon, lung, liver, blood, thyroid and pancreas.

Here's a five-step plan for what to do if you've been exposed to the medication:

1. Get a physical;

2. Do bloodwork like a Chem Panel and CBC;

3. Discontinue your H2 blocker (antacid) and ask doc for a therapeutic equivalent. Consider natural remedies;

4. Change your diet, or go on one. Altering your diet will be the most important thing you do to improve the reflux situation;

5. Do not ignore. Please do not let any symptoms get swept under the rug due to your heavy workload, family needs, or whatever. Also, don't take the "wait and see" approach. Wait and see what? If you develop cancer? No! Be more proactive than that and think two steps ahead, and don't wait and see anything. Visit your practitioner if you have any new/odd symptoms.

If this topic interests you, there is much more I can share. To read a more For the salad:

1 red bell pepper, diced 1 cup shredded carrots

 $\frac{1}{2}$ head of red cabbage, chopped (about 2 cups)

1 (15 ounce) can chickpeas, rinsed and drained - roasted (toss with EVOO, garlic powder, salt, oregano, basil, and smoked paprika – roast on sheet pan 400 degrees for 10-15 minutes)

 $1/_2$ cup cilantro, finely chopped ¹/₄ cup green onion, finely chopped 1/2 jalapeno, seeded and diced, (optional)

For the curry peanut butter dressing:

2 tbsp. peanut butter 2 tsp. freshly grated ginger

1 clove garlic, minced

1 tsp. apple cider vinegar or rice vinegar

1 tsp. yellow curry powder

¹/₄ tsp. red cayenne pepper

- (optional)

¹⁄₄ tsp. ground turmeric Salt and freshly ground black pepper, to taste

2-3 tbsp. warm water, to thin dressing

detailed version of my article, visit www.suzycohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

To garnish:

Extra cilantro, chopped ¹/₄ cup roasted cashews Instructions

1. In a large bowl, add red bell pepper, carrot, cabbage, chickpeas, cilantro, green onion and jalapeño (optional). Pour dressing over veggies and toss until well-combined.

2. In a small bowl, mix the dressing ingredients. Add water to thin if necessary.

3. Pour over salad and mix well to combine. Garnish with roasted cashews and cilantro.

We know you will absolutely love this salad - so give it a try. Fresh, healthy and delicious.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.举

College Graduate

aura Cubero Lozano of Fort Myers recently graduated from the University of Albany with a bachelor of science degree in biology.☆

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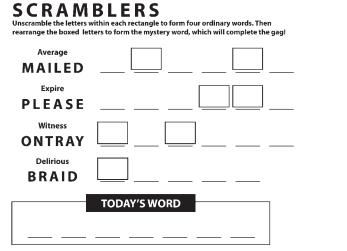
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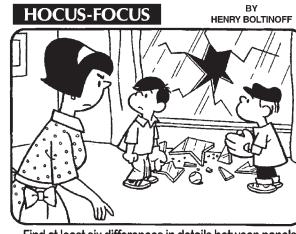
Answers on page 23





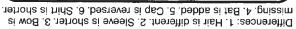
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Find at least six differences in details between panels.



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To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

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Answers on page 23





Grilled Ribeye with Herb-Citrus Butter



Grilled Ribeye with Herb-Citrus Butter

2 (12 ounce) beef ribeye steaks Sea salt and fresh ground pepper, to

taste 2 (1-tablespoon slices) Herb-Citrus Butter

Preheat charcoal or gas grill to medium-high. Season each side of the beef with salt and pepper. Carefully place steaks on the hot grill. Grill the steaks for 2 to 4 minutes on each side. When the desired doneness is reached, remove from the grill, and allow to rest. Serve warm and garnish with herb-citrus butter.

Herb-Citrus Butter ¹/₂ cup unsalted butter, room

temperature

1 tablespoon fresh herbs (rosemary,

photo courtesy Fresh From Florida

thyme, parsley), finely chopped 1 tablespoon citrus zest (orange, tangerine, lime, lemon), finely chopped 1 tablespoon fresh garlic, chopped fine

1 teaspoon all-purpose seasoning blend (such as Everglades)

Sea salt and fresh ground pepper, to taste

In a small bowl, combine the butter, chopped herbs, seasoning blend, chopped garlic and citrus zest. Lightly season with salt and pepper and stir to combine. Place on a sheet of wax paper and evenly roll it to form a cylindrical shape, then place in the refrigerator to harden. When firm, slice into discs. Serve cold or melted for dipping.

Fresh tip: The best way to check if the steak is your preferred temperature is to stick an internal read food-safe thermometer in the thickest part of the steak. For medium-rare, pull the steak out at 110 degrees, medium 120 degrees, medium-well 130 degrees, and cooked well 140 degrees.



King ID# A833798 photos provided Lee County Domestic Animal Services King And Naomi

Hello, my name is King. I am a 3-year-old male pit bull mix. Look at my goofy mug and you will no doubt fall in love with me. Who doesn't love an under bite and constant smile?! Throw in my terrific personality and I am no doubt going to reel you in and have you completing the paperwork to take me home. My adoption fee is \$25.

Hi, I'm Naomi. I'm a 3-year-old female domestic shorthair. Looking for a feline friend that is low on the maintenance scale and high on affection? Perhaps a furry friend that will greet you at the door with a little love and then go about her business until you get a few things taken care of and are ready to settle down for the night? I will be right there to snuggle.

a close friend or family member who is able and ready to help?

Aquarius (January 20 to February 18) A new workplace opportunity offers a variety of challenges that you might find intriguing. Best advice: Take things one step at a time so that you don't feel overwhelmed.

Pisces (February 19 to March 20) A bid to revive a relationship that ended on a bitter note needs to be carefully thought-out before you can even begin to consider plunging into a new emotional commitment.

Born This Week: You enjoy being with people, and people love being with you. You would probably do very well in politics.

MOMENTS IN TIME

• On Aug. 24, 1814, during the War of 1812 between the United States and England, British troops enter Washington, D.C., and burn the White House in retaliation for the American attack on the city of York in Ontario, Canada, in June 1813. When the British arrived at the White House, they found that President James Madison and his first lady Dolley had already fled to safety in Maryland.



Naomi ID# A928355

My adoption fee is \$20, and you can get a feline friend at no additional fee.

Lee County Domestic Animal Services is proud to participate for its fifth year of Clear the Shelters. Adoption fees on dogs will be reduced to \$25 and cats to \$20 with an approved application. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$600 package.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.**

• On Aug. 22, 1851, the U.S.-built schooner *America* bests a fleet of Britain's finest ships in a race around England's Isle of Wight. In the 53-mile race, the *America* trounced the competition, beating the cutter *Aurora* by 22 minutes.

• On Aug. 27, 1908, future President Lyndon B. Johnson is born on a farm near Stonewall, Texas. As president, Johnson pushed through the creation of Medicare/Medicaid, Head Start, the Voting Rights Act, the Civil Rights Act and the Department of Housing and Urban Development.

• On Aug. 25, 1939, *The Wizard* of Oz, which will become one of the best-loved movies in history, opens in theaters. Though the scenes in Kansas were shot in traditional black and white, Oz appears in vivid Technicolor, a relatively new film process at the time.

• On Aug. 23, 1947, the first Little League World Series championship game – the culmination of a threeday tournament in Williamsport, Pennsylvania – features teams from Pennsylvania. Maynard, a team from Williamsport, defeated Lock Haven, 16-7, to win the title at Original Field. continued on page 22

My Stars ******** FOR WEEK OF AUGUST 15, 2022

Aries (March 21 to April 19) You're wise to let your Arian skepticism question a former adversary's request to let bygones be bygones. Time will tell if they are trying to pull the wool over the Lamb's eyes.

Taurus (April 20 to May 20) Congratulations. Your hard work soon pays off with some well-deserved recognition. Meanwhile, that important personal relationship needs more attention from you.

Gemini (May 21 to June 20) That new person in your life seems trustworthy, but don't turn him or her into a confidant just yet. Remember: The secret you don't reveal is the one you won't lose sleep over.

Cancer (June 21 to July 22) Your kindness makes a difference in someone's life. But by the week's end, a touch of Cancerian envy could create a problem with a colleague. Take care to keep it under control.

Leo (July 23 to August 22) A new spurt of energy sends you roaring back into that challenging work situation.

But be careful not to overdo it, or your sizzle could fizzle before your task is completed.

Virgo (August 23 to September 22) Your practical sense helps you see the logic of being a bit more flexible with a workplace colleague. But you still have a ways to go before there's a true meeting of the minds.

Libra (September 23 to October 22) A surprise situation could cause you to spend more money than you feel you can afford. But, careful budget adjustments will help. Your fiscal picture soon brightens.

Scorpio (October 23 to November 21) That decision you made might still have its detractors, but your supporters are growing. Meanwhile, your personal life takes on some welcome new developments.

Sagittarius (November 22 to December 21) Matters of the mind intrigue the sage Sagittarian through the week's end. By then, you should feel more than ready to make room for pursuits of the heart.

Capricorn (December 22 to January 19) The canny Capricorn can offer good counsel to others. But how about taking some advice yourself from



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Learn How To Be Alligator Aware

With summer and warmer temperatures, alligators are more active and visible. While serious injuries caused by alligators are rare in Florida, the Florida Fish and Wildlife Conservation Commission (FWC) recommends taking the following precautions when in and around the water to prevent conflicts with alligators:

Keep a safe distance if you see an alligator.

Never feed an alligator. When fed, alligators can lose their natural wariness and instead learn to associate people with the availability of food. This can lead to dangerous circumstances for you and other people who could encounter the alligator in the future.

Feeding alligators is illegal and dangerous in Florida. If you see someone feeding an alligator, call FWC's Wildlife Alert at 888-404-3922 or visit www. myfwc.com/wildlifealert.

Swim only in designated swimming areas during daylight hours. Alligators are most active between dusk and dawn.

Keep pets on a leash and away from the water's edge and never let them swim in fresh or brackish water even for short periods of time. Pets often resemble alligators' natural prey. Allowing your pet in the water for even short periods to cool off or play can result in its death.

Call the FWC's Nuisance Alligator Hotline at 866-392-4286 if you believe an alligator poses a threat to people, pets or property, and the FWC will dispatch a contracted nuisance alligator trapper to resolve the situation. The FWC places the highest priority on public safety and administers a statewide nuisance alligator program (SNAP) to proactively address alligator threats in developed areas, while conserving alligators in areas where they naturally occur.

The American alligator, Florida's state reptile, is a conservation success story. Florida has a healthy and stable alligator population, which is estimated at 1.3 million alligators of every size. They are found in freshwater lakes, ponds, swamps and slow-moving rivers in all 67 counties in Florida.

Find more resources about living with alligators at www.myfwc.com/alligator.**

From page 20 Moments In Time

Although it was called the World Series, 11 of the 12 teams in the tournament were from Pennsylvania.

• On Aug. 26, 1959, the British Motor Corporation (BMC) launches its newest car, the small and affordable – at a price tag of less than \$800 – Mark I Mini. At only 10 feet long, the Mini could sit four adults and had a trunk big enough for luggage.

• On Aug. 28, 1972, the U.S. Air Force gets its first ace designation since the Korean War when Capt. Richard S. Ritchie and his "backseater" (radar intercept officer), Captain Charles B. DeBellevue, shoot down his fifth MiG near Hanoi.

NOW HERE'S A TIP

You can whiten chopping boards with lemon juice. Just use the cut side of a lemon to scrub the board, let it sit for up to 10 minutes, and rinse clean.
If you are stuffing pillows or a child's toy with foam rubber chips, rub a bit of fabric softener over your hands first. The tiny pieces won't get stuck to your hands with static, and it will smell nice to boot.

• Here's a fun activity for the kids: Let them "paint" cookies. Using clean craft brushes or watercolor brushes, the kids can use food coloring to paint designs on cookies. They can even paint the dough before it's been cooked and see how the design spreads and settles.

• "We made our own umbrella stand by taking the bottoms off of two large coffee cans, and then stacking them on top of a third can with only the top removed. We taped the cans together and covered the whole thing with leftover wallpaper, which we sealed where it overlapped." – ID in Ohio

• If you have stubborn shellac on your paintbrush, try dissolving it by soaking in alcohol. Make sure you do this in a ventilated area.

• Need a funnel quickly? Double a sheet of aluminum foil and roll into a funnel shape. It works.

STRANGE BUT TRUE

• In 2008, Nestle played an April Fool's joke on Butterfinger fans by announcing that the candy bar's name had been changed to The Finger. The company even distributed 200,000 bars with The Finger wrapper to 7-Eleven stores.

• Modern body armor was created by pizza delivery man and former Marine Richard Davis, who was wounded after a delivery turned into a shootout.

• Japanese honeybees destroy hornets by enclosing them in a ball of bees then vibrating their flight muscles so fast that carbon dioxide levels increase and the ball's temperature rises enough to kill the hornet.

• Mastercard's global headquarters is located on Purchase Street in Purchase, New York.

• Talk about a novel way to make a statement. Teenage art student Demi Barnes created a wedding dress made of 1,500 divorce papers to heighten awareness of rushing into matrimony only to end up in divorce court.

• The "Emergency Bra" can be unhooked and split into two face masks that filter out harmful chemicals.

• Nail polish remover will outlive us all. It has no expiration.

• Recycling one ton of paper will save 3.3 cubic yards of landfill space, 17 mature trees, 682.5 gallons of oil and 7,000 gallons of water.

• In a now-banned practice called "boosting," wheelchair athletes with spinal injuries would intentionally harm the lower parts of their bodies to increase their blood pressure, thereby enhancing their performance.

• A study conducted at the University of Pavia in Italy showed that music promotes a healthy cardiovascular system by triggering physiological changes that modulate blood pressure, heart rate and respiratory functions.

THOUGHT FOR THE DAY

"I am not bound to win, but I am bound to be true. I am not bound to succeed, but I am bound to live up to what light I have." – Abraham Lincoln

TRIVIA TEST

- 1. **General Knowledge**: What is the only vowel on a computer keyboard's middle row of letters?
- 2. **Language**: What is the diacritical mark used over the first "a"

		CLASSIFIED		
VACATION RENTAL	ANNUAL RENTAL	SERVICES OFFERED	HELP WANTED	Shore Fishing:
Cottages To Castles Unique Vacation Rentals 2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Eps: (200) 472-585	RENTING FOR OVER \$1,500? Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment. chip@chipwolfe.com 239-848-0906 REMAX OF THE ISLANDS 6/5 * TEN	PROPERTY MANAGER/CARETAKER Professional family seeking long-term position as Property Manager/Caretaker with accommodation on Captiva or Sanibel. Excellent reputation, years of experience and references. Please call or text Laura on 407-230-1294. 8/12 # 8/19	FULL/PART-TIME SALES ASSOCIATE Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required. Please email a resume to sanibelsole@gmail.com. 4/22 # TFN	Don't Harm The Fish by Capt. Matt Mitchell anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish. Hold the fish in the water while
Fax: (239) 472-5858 www.cottages-to-castles.com 1/26 * TFN	SERVICES OFFERED	HELP WANTED	ISLAND PRESCHOOL TEACHERS	you unhook it if you're going to release it. The less you can touch a fish
Island Vacations Of Sanibel & Captiva Million \$ Views Await You! • Cottages • Condos • Homes • Miles of Beaches & Bike Paths 239-472-7277 1-888-451-7277	ROGER NODRUFF ELECTRIC Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788 4/20 * TFN	CAREGIVER We are seeking a caregiver for an elderly woman with experience, for two 24 hour shifts every other week and PRN (as needed). Must be caring and compassionate, and able to complete personal care tasks like bathing, dressing, eating, grooming and daily med intake. Also assist with physical transit. Contact Lisa 239-395-0153. 1/21 # TFN	The Children's Education Center of the Islands (CECI) is looking for part-time or substitute preschool teachers for its nature themed education program. Potential for full-time growth possible. Flexible hours. Competitive salary. Tolls paid. Please call Nita at 239-472-4538. 10/22 # TFN	before release the better for the fish. If you want a picture with the fish, support it as you lift it out of the water – and do it quickly. Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off. Florida residents as well as out of state visitors need a fishing license to fish from shore.

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in "chateau"?

- 3. **Geography**: What is the capital of the Czech Republic?
- 4. **Movies**: Where was the Lord of the Rings trilogy filmed?
- 5. **Measurements**: What is 4 ounces of liquid equal to in cups?
- 6. **U.S. States**: Which is the only American state that begins with the letter P?
- 7. **Language**: What is the word that stands for the letter Y in the international radio alphabet?
- 8. **Chemistry**: What is the symbol for the element zinc?
- 9. **Television**: What is Kramer's first name in the sitcom *Seinfeld*?
- 10. **Music**: Which country is home to the rock group AC/DC?

TRIVIA ANSWERS

I. A. 2. Circumflex. 3. Prague. 4. New Zealand. 5. 1/2 cup. 6. Pennsylvania.
7. Yankee. 8. Zn. 9. Cosmo.
10. Australia.

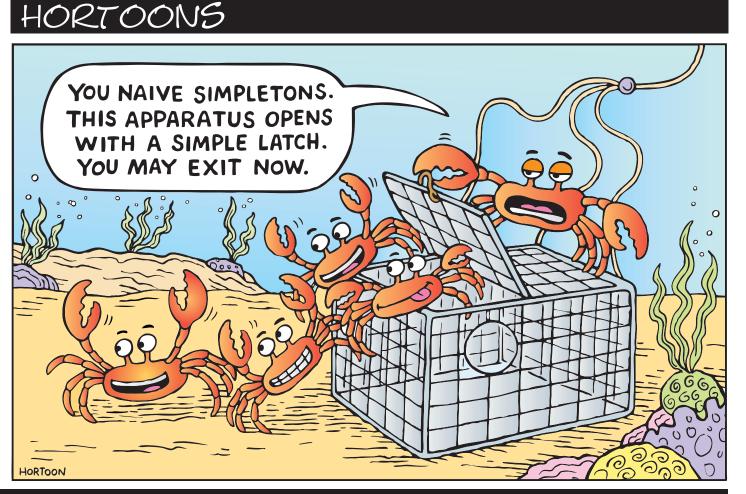
SCRAMBLERS ANSWER

1. Medial 2. Elapse

3. Notary; 4. Rabid

Today's Word

PARENTS



PUZZLE ANSWERS

SUPER CROSSWORD	KING CROSSWORD MAGIC MAZE	SUDOKU								
HELEN AMEN GENOA CHEZ OMANI DEMO AMONG LEGO	A P E S B A G A Q U A	8	3	5	2	6	1	7	4	9
R I V E T O S O S S I T A R E R G O	LAMADOARLUGS (NAHARAH) SA	-	_	-		_	-			-
S T A R W A R S T H E C L O N E W A R S G I N N I E T A I E A R		9	7	6	4	5	3	8	1	2
MUSETTE DEANOFFACULTY ATITERRSTSLLBPYRE		1	4	2	9	7	8	6	5	3
RATIO E P P S P A U L A N I A			-		-	•	~	•	7	
		6	5	3	1	8	9	2	1	4
S A P I D N Y U S T E R N M O J O G R A C E P E R I O D S		4	1	7	5	2	6	3	9	8
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N O S E S P R E E A H A T E E R I E U B E R T E D D Y C O N S T R E A D		5	2	4	8	1	7	9	3	6

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Hermitage	Cape Coral	1997	4,362	\$2,795,000	\$2,725,000	25
Cape Coral	Cape Coral	2016	2,854	\$1,999,000	\$2,100,000	25
Cape Coral	Cape Coral	2002	2,740	\$2,199,999	\$2,100,000	43
Wildblue	Fort Myers	2020	3,178	\$1,983,282	\$1,983,282	0
Cape Coral	Cape Coral	2001	3,530	\$1,650,000	\$1,690,000	5
Buckingham Park	Fort Myers	1994	6,133	\$1,600,000	\$1,600,000	23
Vista Wildblue	Fort Myers	2022	2,800	\$1,586,739	\$1,586,739	0
York Manor	Fort Myers	1963	3,848	\$1,545,000	\$1,500,000	40
Sanibel Highlands	Sanibel	1984	1,491	\$1,250,000	\$1,351,500	2
Belle Lago	Estero	2005	3,120	\$1,295,000	\$1,225,000	28

Courtesy of Royal Shell Real Estate



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